



# LEOMINSTER

## Recreation Department

FALL 2025  
Registration Begins  
August 12





# DEPARTMENT INFORMATION

## MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

## STAFF

Lisa Comeau, Director

Nick Abruzzi, Assistant Director

Douglas Munroe Jr., Maintenance Supervisor

Trevor Osterberg, Recreation Supervisor

Deborah Mathieu, PT Program Assistant/Office

Connie Breed, Bookkeeper

## OFFICE

Leominster Recreation Department  
40 Barrett Parkway, Leominster, MA 01453  
Hours: Monday-Wednesday & Friday, 8:30 a.m.  
- 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m.  
Phone: 978 534-7529 Fax: 978-534-7549

Mail: Leominster Recreation Department  
25 West Street, Leominster, MA 01453

E-mail: [recdept@leominster-ma.gov](mailto:recdept@leominster-ma.gov)

Website: [www.leominster-ma.gov](http://www.leominster-ma.gov)

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

## GENERAL INFORMATION

It is our goal to offer quality recreational activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

## FACILITY LOCATIONS

|                                    |                       |
|------------------------------------|-----------------------|
| Doyle Field                        | 206 Priest Street     |
| Doyle Tennis & Pickleball Courts   | 171 Priest Street     |
| Barrett Park                       | 40 Barrett Parkway    |
| Arthur A. Fournier Park            | 525 Litchfield Street |
| Prospect Park                      | 319 Prospect St.      |
| Carter Park                        | 125 Main Street       |
| Mechanic Street Park               | 60 Mechanic Street    |
| Fay Scharmett Memorial Playground  | 300 Merriam Ave.      |
| Third Street Playground            | 163 Third Street      |
| Southeast Playground               | 95 Viscoloid Ave.     |
| Johnson Street Park                | 101 Johnson Street    |
| Frankie Fortuna Memorial Skatepark | 101 Johnson Street    |
| Bennett School                     | 145 Pleasant Street   |
| Priest St. School                  | 115 Priest Street     |
| Fallbrook School                   | 25 DeCicco Dr.        |
| Frances Drake School               | 95 Viscoloid Ave.     |
| Johnny Appleseed School            | 845 Main Street       |
| Northwest School                   | 45 Stearns Ave.       |
| Samoset School                     | 100 DeCicco Dr        |
| Sky View Middle School             | 500 Kennedy Way       |
| Leominster High School             | 122 Granite Street    |
| Carter Jr. High Field              | 261 West Street       |
| Lassie League Fields               | 20 Bassett Street     |
| Bachand Little League Field        | 40 American Way       |
| National Little League             | 45 Stearns Ave.       |
| Justin DeSantis Little League      | 40 Bernice Ave.       |
| Leominster State Pool              | 111 Viscoloid Ave.    |

**NO Smoking, NO Littering, NO Drinking and NO Drugs on  
Recreation and School Property. FINES WILL BE IMPOSED!**  
**NO Dogs are allowed at Barrett Park or any fenced in playing area.**

## RECREATION COMMISSIONERS

Maureen Donatelli, Chair

Jeff O'Neill, Vice Chair

Douglas Cormier

Theresa McEwen, Peggy Stephenson



Follow Leominster Recreation Department on Facebook and Instagram



# MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or disability, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. The Leominster Recreation Department will work with families to make accommodations or recommend a program that will ensure a safe and successful experience.

## REGISTRATION INFORMATION AND POLICIES

**Registration begins on Tuesday, August 12th, 2025.**

Our office hours are:

Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday until 5:30 p.m.

Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs.

**\*\*NOTE: ALL OUR PROGRAMS ARE PEANUT/TREE NUT FREE\*\***

Register online at <https://leominsterma.myrec.com/info/default.aspx>  
or in the office at 40 Barrett Parkway, Leominster.

Registration closes a week before the program begins or once programs are full.

If you do not receive an email receipt back after you register, then your registration is not complete and will not be added to the program until the registration is completed.

**\*\*\*No registrations will be accepted after the deadlines.**

Non-residents wishing to register for a program will be allowed only if space permits, with a \$20.00 increase in fee.

***ALL registrations are non-refundable unless the Recreation Department cancels a program.***

***\*A \$10 processing fee will be charged if a refund becomes necessary.***

***\*There is a \$25 service charge for all returned checks.***

***Please make note of these important policies.***



# FREE ATTRACTION PASSES AVAILABLE

## TOWER HILL BOTANIC GARDEN PASS

11 French Drive, Boylston

TOWER  
HILL  
BOTANIC GARDEN

### FREE DAY PASS FOR UP TO 3 PEOPLE

Visit Tower Hill in Boylston all four seasons to view their exquisite gardens, shop in the garden store, hike the trails, take in an event, educational seminar or picnic on the grounds with magnificent views. Open Daily from 10am-5pm. Email or call the Recreation Dept. to reserve your pass with the day and time you'd like to visit.

## DCR STATE PARKS PASS

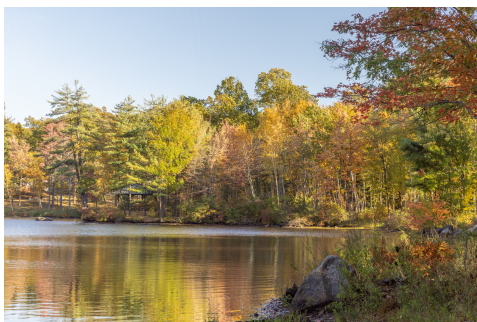
dcr  
Massachusetts



ANNUAL PARKING PASS

### FREE DAY PASS FOR 1 VEHICLE

Leominster residents can borrow a 2025 MA Parks pass free of charge to visit over 50 facilities in the Massachusetts State Parks System. This pass entitles the bearer to free parking for one vehicle (excluding buses and passenger vans) but does not guarantee entry. Email or call the Recreation Dept. to reserve your pass with the date you'd like to visit. For a list of MA park facilities where Park Passes may be used, please visit [www.mass.gov/dcr](http://www.mass.gov/dcr).





# FAMILY ACTIVITIES



## PUMPKINS IN THE PARK & FAMILY MOVIE NIGHT

Friday, October 10th at 6:00 p.m.

All Ages (children must be accompanied by an adult)

Join us at Barrett Park for pumpkin carving/painting and an exciting Halloween themed movie! A pizza dinner will be provided prior to the movie! Please note that this is a family event and children must be accompanied by an adult. Pumpkin carving begins at 6:00pm and movie begins at 7:00pm. **Pre-registration is required.**

**Leominster Residents Only!**

**Location:** Barrett Park

**Cost:** \$20 per participant

## HALLOWEEN PARADE

Saturday, October 25th (rain date Sunday October 26th) from 1:00-3:00 p.m.

All Ages (children must be accompanied by an adult)

Dress in your favorite costume as we parade through downtown then trick or treat to local businesses. There is NO theme, use your own creativity. It is a great way to celebrate the day! Meet at 12:30 p.m. at the parking lot behind C & M Pizza & Walgreens parking lot. Parade begins at 1:00 p.m. After the parade there will be Trick-or-Treating at downtown businesses and Monument Park. **Parking is not available at the parade starting point.**

**Location:** Downtown Leominster

**Cost:** Free

## FAMILY GINGERBREAD HOUSE DECORATING

Thursday, December 11th from 5:30-7:00 p.m.

All Ages (children must be accompanied by an adult)

Join the Leominster Recreation Department for our annual Gingerbread House decorating night! Enjoy a fun filled evening of decorating and designing your own gingerbread house! We supply the assembled house, frosting and candy. Music will be playing and the tables will be set. Just show up, decorate and take your gingerbread house with you when you leave! Registered children will receive a gingerbread house to complete with their parent/guardian. Please note, this is a family program, all children must be supervised by an adult. Parents/guardians do not need to register for this program, just come and have fun! **Pre-Registration is required.**

**Leominster Residents Only!**

**Location:** City Hall

**Cost:** \$20 per child

## DISNEY THEMED FAMILY BINGO NIGHT

Tuesday, December 30th, 6:00-7:15 p.m.

All Ages (children must be accompanied by an adult)

Get ready for a magical evening of bingo featuring your favorite Disney and Pixar characters! We'll play along to fun Disney music, spot familiar faces on our cards, and have a chance at some fun themed prizes. This is a fun night out for families who want to bond over the Disney spirit. **Pre-Registration is required.**

**Location:** City Hall, Tata Auditorium

**Cost:** \$5/Res., \$10/Non-Res.





# PRESCHOOL PROGRAMS



## MULTI SPORT TOTS WITH SKYHAWKS

Give your little superstar an awesome first step into sports with Multi-Sport Tots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Each week we will focus on a different sport with each being highlighted over the course of the program. Please wear athletic clothing and bring a water bottle.

**Parent participation required for 2 yr old class and first 2 weeks of 3 yr old class.**

**DATES:** Sept. 16 - Oct. 21 (6 weeks)

**DAYS:** Tuesdays

**COST:** \$90 Res./\$110 Non-Res.

**SITE:** Barrett Park Field

### Three Age Groups and Their Times Below:

**AGES:** 2– 2 years 11 months

**TIME:** 3:30– 4:05 p.m.

**AGES:** 3– 3 years 11 months

**TIME:** 4:15– 5:00 p.m.

**AGES:** 4 & 5

**TIME:** 5:15– 6:00 p.m.

## BABY AND TODDLER PLAY/SENSORY GROUP

This play group is an opportunity for very young children and a caregiver to participate in a wide variety of developmentally appropriate activities in a social setting. Activities will be tailored to participants' specific ages and developmental needs, and will promote physical and social-emotional growth. Each week, activities may include story time, art opportunities, sensory exploration, musical experiences, and free play. A caregiver is required to stay and participate with the child.

**INSTRUCTOR:** Megan Simpson

**DATES:** Sept. 10 - Oct. 15 (6 weeks)

**DAYS:** Wednesdays

**TIME:** 9:00–9:45 a.m.

**AGES:** 6 mo. - 2 years

**COST:** \$75 Res./\$95 Non-Res.

**SITE:** Barrett Park Program Building

## PRESCHOOL ZUMBINI

Zumbini is a music and movement program for a young child and a caregiver (4 months - 4 years). Children and caregivers participate together, singing, dancing, and playing instruments, all while experiencing the many benefits that movement and music have to offer! Zumbini classes allow opportunities to bond, and build social-emotional, cognitive, and motor skills. Participants should wear comfortable shoes and clothing.

**INSTRUCTOR:** Megan Simpson

**DATES:** Sept. 11 - Oct. 16 (6 weeks)

**DAYS:** Thursdays

**TIME:** 10:00–10:45 a.m.

**AGES:** 4 mo.– 4 years

**COST:** \$75 Res./\$95 Non-Res.

**SITE:** Barrett Park Program Building



# TENNIS PROGRAMS



## YOUTH TENNIS LESSONS

**Ages 8-10** Saturdays 1:00-2:00 p.m.

**Ages 11-13** Saturdays 2:00-3:00 p.m.

Our classes are a wonderful introduction to tennis teaching the basics of grip and stroke production in a fun, structured environment. All of the children are asked to bring their own age-appropriate rackets easily purchased online. If a student were to forget their racket, there will be a couple that they may borrow for the lesson. Parents, please make sure to have your child apply sunblock, wear sneakers and bring plenty of water. The following is a guide to purchasing the right size racket based on the age of your child: Children Ages 8 need a 23 inch racket; Children Ages 9-10 need a 25 inch racket; Children Ages 11 and older need a 26 inch racket.

**INSTRUCTOR:** Seun and Trevor

**DATES:** Sept. 13-Oct. 11 (5 weeks)

**COST:** \$75 Res./\$95 Non-Res.

**SITE:** Doyle Courts



## ADULT TENNIS LESSONS

These classes are a wonderful introduction to tennis teaching the basics of grip and stroke production in a fun, structured environment. Adults are asked to bring their own rackets and water.

**INSTRUCTOR:** Seun & Trevor

**DATES:** Sept. 13 - Oct. 11 (5 weeks)

**DAYS:** Saturday

**TIME:** 3:00-4:00 p.m.

**AGES:** Adults 18 +

**COST:** \$85 Res./\$105 Non-Res.

**SITE:** Doyle Courts





# BASKETBALL PROGRAMS

## Mark Osowski Fall/Winter Basketball Leagues

### LI'L DRIBBLERS

#### Co-Ed Basketball League Grades 1 & 2

The Li'l Dribblers League is combined for both boys and girls. This is a beginner's league with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills.

**Games:** Oct. 25-Dec. 20 (No Games on Nov. 29)  
A one hour game will take place on Saturdays between 8am-3:30pm

**Practices:** will be one hour per week and will be on either of these 3 nights: Wednesday, Thursday or Friday.

**Registration Deadline is October 15, 2025**

**AGES:** Grades 1-2  
**COST:** \$90 Res./\$110 Non-Res.  
**SITE:** Northwest School Gym

### SHOOTING STARS

#### Co-Ed Basketball League Grades 3 & 4

The Shooting Stars Basketball League is combined for both boys and girls. The focus will be on the beginning player with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills.

**Games:** Oct. 25-Dec. 20 (No Games on Nov. 29)  
A one hour game will take place on Saturdays between 8am-3:30pm

**Practices:** will be one hour per week and will be on either of these 3 nights: Tuesday, Thursday or Friday.

**Registration Deadline is October 15, 2025**

**AGES:** Grades 3-4  
**COST:** \$90 Res./\$110 Non-Res.  
**SITE:** Johnny Appleseed School Gym



## Youth Co-Ed Basketball Clinics

### GRADES 1 & 2

A fun introduction to basketball for young players! Kids will learn basic skills like dribbling, passing, and shooting through easy-to-follow drills and games, all in a supportive and playful environment. Perfect for building confidence and a love for the game!

**DATES:** Sept. 9– Oct. 7 (5 weeks)  
**DAYS:** Tuesdays  
**TIME:** 6:00-6:55p.m.  
**COST:** \$75 Res./\$95 Non-Res.  
**SITE:** Frances Drake Elementary School Gym

### GRADES 3 & 4

A great way for young players to build their basketball skills and have fun! Whether they're just starting out or have some experience, kids will practice the fundamentals — dribbling, passing, shooting, and teamwork — through simple drills and exciting games, all in a positive and active setting.

**DATES:** Sept. 9– Oct. 7 (5 weeks)  
**DAYS:** Tuesdays  
**TIME:** 7:00-7:55p.m.  
**COST:** \$75 Res./\$95 Non-Res.  
**SITE:** Frances Drake Elementary School Gym



# YOUTH PROGRAMS

## SAFE SITTER BABYSITTING CLASS

Heather Welch works as a full-time school nurse for the District of Hopedale and part time as an American Heart Association instructor. She has been teaching CPR/AED and First Aid to the community for over 18 years.

This program follows guidelines from the American Academy of Pediatrics and the American Heart Association. The class will be a two part class held in two days. The first day the students will cover the materials of SafeSitter to become certified as a babysitter. The second day of class will cover CPR, First Aid, and choking skills. They will be certified for two years Pediatric First Aid and CPR certification through the American Heart Association.

This class provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Students are welcome to bring a peanut/tree nut free snack and water bottle. Please bring a doll or stuffed toy to each class.

**Must complete both days in their entirety in order to receive certification.**

**INSTRUCTOR:** Heather Welch

**DATES:** October 27 & 29

**DAYS:** Monday & Wednesday

**TIME:** 5:30-8:00 p.m.

**AGES:** 11-16

**COST:** \$140 Res./\$160 Non-Res.

**SITE:** Emergency Management Building, 37 Carter St.

## CRITTER QUEST

Get ready for an outdoor adventure! In this 3-part nature scavenger hunt series, participants will explore different areas of Barrett Park while searching for plants, insects, animal signs, and other natural treasures. Each week features a different activity and location, giving kids the chance to discover what makes our park so special. Along the way, we'll learn cool facts about local wildlife and the park. Bring your curiosity — and keep your eyes peeled for critters big and small!



**INSTRUCTOR:** Trevor

**DATES:** Sept. 17, 24 & Oct. 1

**DAYS:** Wednesday

**TIME:** 4:00-5:00 p.m.

**AGES:** 6-9

**COST:** \$30 Res./\$50 Non-Res.

**SITE:** Barrett Park



## LEGO BUILDERS

Jump aboard our exciting Lego Builders class, where your child will embark on a creative journey of building, free play, and fun challenges! Each week, children will tackle new challenges, and let their imaginations run wild while free building. This program will further develop motor skills, creativity, problem solving, imagination, social skills, patience, and dexterity. Whether they're a seasoned Lego enthusiast or just starting out, all skill levels are welcome.

**INSTRUCTOR:** Trevor

**DATES:** Sept. 24– Oct. 29 (6 weeks)

**DAYS:** Wednesdays

**TIME:** 5:30-6:45 p.m.

**AGES:** 6-9

**COST:** \$55 Res./\$75 Non-Res.

**SITE:** Barrett Park Program Building

## FALL EXPRESSIONS Youth Art Program

Bring out your inner artist with our fun youth art program! Each day will be filled with fun and exciting art activities like air dry foam clay, painting and more.

**INSTRUCTOR:** Anna

**DATES:** Sept. 10– Oct. 15 (6 weeks)

**DAYS:** Wednesdays

**TIME:** 4:00-5:15 p.m.

**AGES:** 6-9

**COST:** \$55 Res./\$75 Non-Res.

**SITE:** Barrett Park Program Building

## KIDS HOLIDAY GIFT MAKING

The little ones get to pick their present to make and wrap. It's never too soon to prep for the festive season!

**INSTRUCTOR:** Anna

**DATES:** December 10, 2025

**DAYS:** Wednesday

**TIME:** 4:00-5:15 p.m.

**AGES:** 6-9

**COST:** \$20 Res./\$40 Non-Res.

**SITE:** Barrett Park Program Building



# YOUTH SPORTS PROGRAMS

## AFTERSCHOOL SPORTS

Join After School Sports for a fun and active way to end the school day! Kids will enjoy a variety of classic sports and gym games each week, building teamwork, staying active, and having a blast with friends.

**INSTRUCTOR:** Trevor  
**DATES:** Sept. 9– Oct. 7 (5 weeks)  
**DAYS:** Tuesday  
**TIME:** 3:45-5:00 p.m.  
**GRADES:** 3-5  
**COST:** \$50 Res./\$70 Non-Res.  
**SITE:** Johnson Street Park Green Space, 101 Johnson St.

## YOUTH BEGINNERS GOLF WITH SKYHAWKS

Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. This beginning program focuses on fun and repetition with a games-based approach that can be played on any surface. Specialized equipment is used to ensure early success for young players. Key skills like putting and chipping are taught through engaging activities. Ideal for beginners and those wanting to improve. Skyhawks will provide all equipment. **Participants may NOT bring their own clubs.** Please wear sneakers and bring water.

**DATES:** Sept. 18– Oct. 23 (6 weeks)  
**DAYS:** Thursday  
**COST:** \$90 Res./\$110 Non-Res.  
**SITE:** Barrett Park Back Field

### Two Age Groups and Their Times Below:

**AGES:** 5 - 6  
**TIME:** 4:00-4:45 p.m.

**AGES:** 7-9  
**TIME:** 5:00-6:00 p.m.

## YOUTH STREET HOCKEY

Boys and Girls will learn and develop playing street hockey in a fun organized setting. Sessions will begin with skill building drills and team bonding exercises. Followed by pickup games where kids will be split up into different teams each week. All players will learn how to pass, shoot, defend, and work as a team. By the end of the program kids will have a greater understanding of the game along with improved skills such as hand-eye coordination, balance, and agility. We welcome all playing abilities. We suggest bringing your own hockey stick but one will be provided if needed. We recommend that you bring a mouthguard and water bottle as well.

**INSTRUCTOR:** Trevor  
**DATES:** Sept. 26– Oct. 24 (5 weeks)  
**DAYS:** Fridays  
**TIME:** 4:30-5:45 p.m.  
**AGES:** 6-9  
**COST:** \$50 Res./\$70 Non-Res.  
**SITE:** Fournier Park Basketball Court

## YOUTH PICKLEBALL

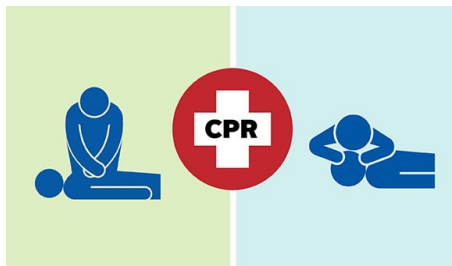
Serve up some fun and learn the fastest-growing sport around! This pickleball program introduces kids to the basics of the game, from rules and scoring to basic skills and court terms. Through drills, games, and plenty of action, players build confidence while having a blast. Whether you are familiar with the sport or are just beginning, this is a program for you. Please bring a water bottle.

**DATES:** Sept. 20 - Oct. 18 (5 weeks)  
**DAYS:** Saturday  
**TIME:** 9:00-10:00 a.m.  
**AGES:** 9-12  
**COST:** \$45 Res./\$65 Non-Res.  
**SITE:** Frances Drake Elementary School gym

# TEEN & ADULT PROGRAMS

## TEEN AND ADULT HEALTH AND SAFETY CPR/AED CLASS

This adult and child CPR/AED training certification will teach participants the necessary skills for responding in an emergency. This class is designed for anyone that is interested in being certified to administer CPR/AED care. Participants that complete the class will receive a certification valid for two years through ASHI.



**INSTRUCTOR:** Nick Abruzzi  
**DATES:** November 5, 2025  
**DAYS:** Wednesday  
**TIME:** 5:00-7:00 p.m.  
**AGES:** 14 and up  
**COST:** \$50 Res./\$70 Non-Res.  
**SITE:** Barrett Park Program Building



# ADULT PROGRAMS



## INTRO. TO PICKLEBALL (Beginner)

Introductory pickleball clinic for adults looking to learn the fastest growing sport in the United States. This clinic will provide an introduction of pickleball that includes basic fundamentals, terminology, etiquette and rules of play. Equipment will be provided.

**INSTRUCTOR:** Ben

**Session I:** Sept. 15 - Oct. 27 (6 weeks)  
(No program on Oct. 13)

**Session II:** Nov. 3-Dec. 15 (6 weeks)  
(No program on Nov. 24)

**DAYS:** Mondays

**TIME:** 6:00-7:15 p.m.

**AGES:** Adults 18 +

**COST:** \$65 Res./\$85 Non-Res.

**SITE:** Skyview Middle School Gym

## INTRO. TO PICKLEBALL (Intermediate)

Intermediate pickleball clinic for adults looking to sharpen their skills for the fastest growing sport in the United States. Equipment will be provided,

**INSTRUCTOR:** Ben

**Session I:** Sept. 15 - Oct. 27 (6 weeks)  
(No program on Oct. 13)

**Session II:** Nov. 3-Dec. 15 (6 weeks)  
(No program on Nov. 24)

**DAYS:** Mondays

**TIME:** 7:15- 8:30 p.m.

**AGES:** Adults 18 +

**COST:** \$65 Res./\$85 Non-Res.

**SITE:** Skyview Middle School Gym

## YOGA WITH KATIE

In this class you will stretch your muscles, relieve some stress, release some tension, and increase your range of motion. Taught by Katie, a local Massage Therapist, Lymphatic Drainage Therapist, and 200RYT. Participants will both passively and actively move their body to help realign and reactivate some muscles that may need readjustment. All new and imperfect yogis welcome. Mats, blocks, and straps provided, but please bring some water and a smile!

**AGES:** Adults 18+

**COST:** \$80 Res./\$100 Non-Res. Per session

**SITE:** Barrett Park Program Building

### SESSION 1:

**DAYS:** Mondays

**TIME:** 6:00-7:00 p.m.

**DATES:** Sept. 8-Nov. 3 (8 weeks) (No program Oct. 13)

### SESSION 2:

**DAYS:** Wednesdays

**TIME:** 10:00-11:00 a.m.

**DATES:** Sept. 10- Oct. 29 (8 weeks)

## FUN FITNESS WITH KATHI TEW

Come spend one hour twice a week working out and having fun! The hour is split between cardio training and large muscle training. You will need a good pair of sneakers, an exercise mat, hand weights and water. The weights should be 2 – 3 pounds (women) 5 pounds (men). If you have been exercising you may use 5 – 9 pounds (women) and 10-20 for men. Everything can be modified based on your level of fitness. Please come try it out!

**INSTRUCTOR:** Kathi Tew

**SESSION 1:** Sept. 9- Oct. 23 (7 weeks)

**SESSION 2:** Oct. 28- Dec. 18 (7 weeks) (No classes on Nov. 25 & 27)

**DAYS:** Tuesdays and Thursdays

**TIME:** 5:30-6:30 p.m.

**AGES:** Adults 18+

**COST:** \$95 Res./\$115 Non-Res.

**SITE:** Barrett Park Program Building

# ADULT PROGRAMS

## BOXWOOD CENTERPIECES

Join us for a fun-filled night making your very own boxwood centerpiece. It makes a great gift or decoration for your own holiday parties. Containers, oasis, and the boxwood branches will be provided. Participants should bring their own garden clippers and a different pot if you choose. Feel free to bring your own decorations or even add your own lights to your boxwood centerpiece.

**DATE:** December 3, 2025  
**DAYS:** Wednesday  
**TIME:** 6:00-8:00 p.m.  
**AGES:** 18+  
**COST:** \$40 Res./\$60 Non-Res.  
**SITE:** Barrett Park  
Program Building



## WOMEN'S VOLLEYBALL

Join us for well-organized pickup volleyball. This is the perfect way to meet new people and get some playing time without the commitment of a league. We make teams on site so you can sign up by yourself or with friends. All skill levels are welcome.

**CONTACT PERSON:** Judy  
**DATES:** Sept. 17– Oct. 22 (6 weeks)  
**DAYS:** Wednesdays  
**TIME:** 6:00– 8:00 p.m.  
**AGES:** 18+  
**COST:** \$40 Res./\$60 Non-Res.  
**SITE:** Frances Drake Elementary School Gym

## INTRO. TO PICKLEBALL (Beginner)

New to pickleball? This beginner-friendly program covers the rules, basics, and skills you need to start playing confidently on your own. No experience necessary — just come ready to have fun and learn!

**INSTRUCTOR:** Trevor  
**DATES:** Sept. 20– Oct. 18 (5 weeks)  
**DAYS:** Saturdays  
**TIME:** 10:15-11:30 a.m.  
**AGES:** Adults 18 +  
**COST:** \$60 Res./\$80 Non-Res.  
**SITE:** Frances Drake Elementary School Gym

## ADULT OPEN PLAY PICKLEBALL

Looking for more time on the court? Our Open-Play Pickleball program is the perfect way to improve your game, meet fellow players, and enjoy self-paced matches in a welcoming atmosphere. Whether you're sharpening your skills or just playing for fun, this is a great opportunity to get active and connect with others who love the game. Nets and balls will be provided but please bring your own paddles. **Pre-registration required!**

**DATES:** Sept. 20- Oct. 18 (5 weeks)  
**DAYS:** Saturday  
**TIME:** 11:30 a.m.– 12:45 p.m.  
**AGES:** Adults 18 +  
**COST:** \$50 Res./\$70 Non-Res.  
**SITE:** Frances Drake Elementary School Gym



## ADULT PICK-UP BASKETBALL

Stay active with our Adult Pick-Up Basketball program! Open to players ages 18 and older, this program offers a fun and casual environment to get on the court, improve your skills, and enjoy pick-up games with others who share your passion for basketball. Whether you're here for friendly competition or just some cardio, this program is perfect for basketball enthusiasts of all skill levels. Participants can register for the full program to reserve their spot each week, or drop-in and pay as you go.

**DATES:** Sept. 20- Oct. 18 (5 weeks)  
**DAYS:** Saturday  
**TIME:** 1:00– 2:15 p.m.  
**AGES:** Adults 18 +  
**COST:** \$50 pre-registration/\$10 weekly drop-in  
**SITE:** Frances Drake Elementary School Gym



# RECREATION DEPARTMENT AND LEOMINSTER

## TRAIL STEWARDS FALL HIKING SERIES

In this Hiking Series you will explore various Leominster Trails and out of town sites once a month.

Hikes are led by members of the Leominster Trail Stewards and are no more than 3 miles.

Wear hiking boots, bring water to drink, a light snack, bug repellent, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring, if you have them. Bring a flashlight or headlamp for night hikes.

**COST:** Free (unless noted) -*Hikers gather informally and hike at their own risk.*

**CANCELLATIONS:** Hikes are cancelled if it rains or if we do not have at least 5 people signed up.

Please register if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather.

all the Recreation Department at 978-534-7529 for any updates.

### MONDAY, SEPTEMBER 22: FALL EQUINOX HIKE at Boutelle Conservation Area

10:00 a.m.

Meet at Boutelle trail head (193 Hill St. Leominster) parking lot

**Leader:** Deb Giovannucci

This is a 2-mile, moderate hike through a meadow and wooded trails. See remnants of an old farm, a hidden vista of Leominster, and a chance to see wildlife such as deer and turkeys. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

### SATURDAY, OCTOBER 25: LEOMINSTER STATE FOREST HIKE TO NOTOWN

10:00 a.m.

Meet at the Parmeter Rd trail head parking lot off Elm St. Leominster

**Leader:** Linda Herring

This will be a 3 to 4-mile moderate hike. Wear hiking boots, bring water to drink, a snack, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

### WEDNESDAY, NOVEMBER 5: FULL MOON HIKE TO NORTH MONOOSNOC OVERLOOK

6:00 p.m.

Meet at Leominster High School (122 Granite St. Leominster) upper parking lot at 6:00pm then we will carpool to Granite Street Trailhead.

**Leader:** Neal Wynne

2-miles, moderate hike. Bring your hiking stick and a headlamp or flashlight. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

### THURSDAY, DECEMBER 4: FULL MOON HIKE AT SHOLAN FARMS

6:00 p.m.

Meet at Sholan Farms (1125 Pleasant St. Leominster) parking lot.

**Leader:** Neal Wynne

2-miles, moderate hike. Bring your hiking stick and a headlamp or flashlight. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.



# RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS TRAILS INFORMATION



If you enjoy hiking the Leominster trails and would like to volunteer in their maintenance, in which you can help the Leominster Trail Stewards:

Trail workdays are scheduled on Saturday mornings from 8am-12noon in a select area that needs our efforts.

If you are interested in the trail workdays or would like to join the Leominster Trail Stewards committee, contact Neal Wynne at [nwynne51@gmail.com](mailto:nwynne51@gmail.com).

Trail maps can also be found on our website at <https://www.leominster-ma.gov/395/Trails-Hiking-Information-Maps>

To register for a hike, go to <https://leominsterma.myrec.com/info/default.aspx>  
For questions on the hikes, contact Neal Wynne with his email above .

