



LEOMINSTER

Recreation Department



FALL 2024
Registration Begins August 27th



DEPARTMENT INFORMATION

MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

STAFF

Lisa Comeau, Director

Nick Abruzzi, Assistant Director

Douglas Munroe Jr., Maintenance Supervisor

Deborah Mathieu, PT Program Assistant/Office Support

Trevor Osterberg, Recreation Supervisor

Connie Breed, Bookkeeper

OFFICE

Leominster Recreation Department
40 Barrett Parkway, Leominster, MA 01453
Hours: Monday-Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m.
Phone: 978 534-7529 Fax: 978-534-7549

Mail: Leominster Recreation Department
25 West Street, Leominster, MA 01453

E-mail: recdept@leominster-ma.gov

Website: www.leominster-ma.gov

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

GENERAL INFORMATION

It is our goal to offer quality recreational activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

FACILITY LOCATIONS

Doyle Field	206 Priest Street
Doyle Tennis & Pickleball Courts	171 Priest Street
Barrett Park	40 Barrett Parkway
Arthur A. Fournier Park	525 Litchfield Street
Prospect Park	321 Prospect St.
Carter Park	125 Main Street
Fay Scharmett Memorial Playground	300 Merriam Ave.
Third Street Playground	163 Third Street
Southeast Playground	95 Viscoloid Ave.
Johnson Street Park	101 Johnson Street
Bennett School	145 Pleasant Street
Priest St. School	115 Priest Street
Fallbrook School	25 DeCicco Dr.
Frances Drake School	95 Viscoloid Ave.
Johnny Appleseed School	845 Main Street
Northwest School	45 Sterns Ave.
Samoset School	100 DeCicco Dr
Sky View Middle School	500 Kennedy Way
Leominster High School	122 Granite Street
Carter Jr. High Field	261 West Street
Lassie League Fields	20 Bassett Street
Bachand Little League Field	140 12th Street
National Little League	45 Sterns Ave.
Justin DeSantis Little League	40 Bernice Ave.
Leominster State Pool	111 Viscoloid Ave.

NO Smoking, NO Littering, NO Drinking and NO Drugs on Recreation and School Property. FINES WILL BE IMPOSED!
NO Dogs are allowed at Barrett Park or any fenced in playing area.

RECREATION COMMISSIONERS

Maureen Donatelli, Chair

Jeff O'Neill, Vice Chair

Thomas Bissonnette, Douglas Cormier

Theresa McEwen, Peggy Stephenson



Follow Leominster Recreation Department on Facebook and Instagram



MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or disability, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. The Leominster Recreation Department will work with families to make accommodations or recommend a program that will ensure a safe and successful experience.

REGISTRATION INFORMATION AND POLICIES



Registrations begin on Tuesday, August 27th, 2024. Our office hours are Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday until 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs.

****NOTE: ALL OUR PROGRAMS ARE NOT FREE****

Register online at <https://leominsterma.myrec.com/info/default.aspx> or in the office at 40 Barrett Parkway, Leominster.

Registration deadlines are set a week or more before the program begins or registrations will close once programs are full. If you do not receive an email receipt back after you register, then your registration is not complete and will not be added to the program until the registration is completed.

*****No registrations will be accepted after the deadlines.**

Non-residents wishing to register for a program will be allowed only if space permits, for an additional fee.

ALL registrations are non-refundable unless the Recreation Department cancels a program.

****A \$20 processing fee will be charged if a refund becomes necessary.***

****There is a \$25 service charge for all returned checks.***

Please make note of these important policies.

FREE ATTRACTION PASSES AVAILABLE

**TOWER
HILL**
BOTANIC GARDEN

TOWER HILL BOTANIC GARDEN PASS

11 French Drive, Boylston

FREE DAY PASS FOR UP TO 3 PEOPLE

Visit Tower Hill in Boylston all four seasons to view their exquisite gardens, shop in the garden store, hike the trails, take in an event, educational seminar or picnic on the grounds with magnificent views. Open Daily from 10am-5pm. Email the Recreation Dept. to reserve your pass with the day and time you'd like to visit.

DCR STATE PARKS PASS

FREE DAY PASS FOR 1 VEHICLE

Leominster residents can borrow a 2024 MA Parks pass free of charge to visit over 50 facilities in the Massachusetts State Parks System. This pass entitles the bearer to free parking for one vehicle (excluding buses and passenger vans) but does not guarantee entry. Email or call the Recreation Dept. to reserve your pass with the date you'd like to visit. For a list of MA park facilities where Park Passes may be used, please visit www.mass.gov/dcr.



ANNUAL PARKING PASS

ALL PASSES MUST BE RETURNED WITHIN 24 HOURS OF PICKUP TIME



FAMILY ACTIVITIES

FISHING CLINIC

Led by Mass Wildlife Angler Education Program

Thursday, September 19th, 5:00-7:00 p.m.

All Ages

Have you ever wanted to learn how to fish? Now's your chance, let the Mass Wildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part you'll be able to fish. So come try your hand at this great past time, guaranteed to catch some fun! Please note: This is not a kids only program, but an all-inclusive fishing clinic for anyone of any age that wants to learn how to fish. **All children must be accompanied by an adult. Pre-registration required!**

Location: Barrett Park Pond

Cost: \$10 Res./\$20 Non-Res.



FAMILY BUS TRIP TO SALEM

Saturday, September 28th, 9:00 a.m.

Leaving Salem at 5 p.m. with approx. return of 6:30 p.m.

Ages 3 and up (All children must be accompanied by an adult)

Kick back and let us do the driving for our family bus trip to Salem! Wear your best walking shoes (leave your brooms at home) for this fun filled day in Salem. There are many things to do and see while you are visiting, including the Salem Witch Museum, the Witch House, art and historical museums, historical landmarks, along with many self-guided walking tours to mention a few. Also, in Salem that day from 12pm-6pm is **Artoberfest 2024 presented by Salem Arts**. A day-long event featuring live music, art, creative activities, and food. This outdoor event will be held on the Salem Maritime Historic Site lawn next to Salem Arts Association. Bring a blanket, get comfy and enjoy a day of live entertainment on Derby Street in Salem.

Meeting Location: Barrett Park

Cost: \$30 per person Res./\$40 per person Non-Res.

(includes round trip bus transportation, snacks & water)



FAMILY TRIVIA NIGHT!

Tuesday, September 24th, 5:30-7:00p.m.

Middle School Age-Adult (children must be accompanied by a participating adult)

Join us for an exciting family trivia night, where fun and knowledge come together. Our trivia night features a wide variety of topics including pop culture, music, history, sports, science, and more! Bring your family and collaborate to come up with the best answers. Enjoy a welcoming environment that encourages laughter, learning, and family bonding. Along with trivia, you will have a chance at winning cool prizes! **Pre-registration required!**

Location: City Hall Tata Auditorium

Cost: \$5 per participant Res./\$10 per participant Non-Res.



FAMILY ACTIVITIES



FAMILY BINGO NIGHT!

Wednesday, October 2, 5:30-7:00p.m.

All Ages (children must be accompanied by a participating adult)

Join us for a family night filled with fun and excitement! Our Family Bingo is a great way to have a night out and spend quality time with family. Play is not only for amusement but also for a chance to win great prizes! **Pre-registration required!**

Location: Leominster Veterans Memorial Center, 100 West St.

Cost: \$5 per participant Res./\$10 per participant Non-Res.

PUMPKINS IN THE PARK

FAMILY FUN NIGHT

Saturday, October 12th, 6:00-8:00 p.m.

All Ages (children must be accompanied by an adult)

Join us at Barrett Park for pumpkin carving/painting followed by s'mores by the fire! Please note that this is a family event and children must be accompanied by an adult. **Pre-Registration is required.**

Location: Barrett Park

Cost: \$10 per participant Res./\$20 per participant Non-Res.



HALLOWEEN PARADE

Saturday, October 19th (rain date October 26th), 1:00-3:00 p.m.

All Ages

Dress in your favorite costume as we parade through downtown then trick or treat to local businesses. There is NO theme , use your own creativity. It is a great way to celebrate the day! Meet at 12:30 p.m. (Parking lot behind C & M Pizza) Parade begins at 1:00 p.m. After the parade there will be Trick-or-Treating at downtown businesses and Monument Park. Parking is not available at the parade starting point.

Location: Downtown Leominster

Cost: Free



FAMILY GINGERBREAD HOUSE DECORATING

Wednesday, December 11th , 5:30-7:00 p.m.

All Ages (children must be accompanied by an adult)

Join the Leominster Rec Department for our annual Gingerbread house decorating night! Enjoy a fun filled evening of decorating and designing your own gingerbread house! We supply the assembled house, frosting and candy. Music will be playing and the tables will be set. Just show up, decorate and take your gingerbread house with you when you leave! Registered children will receive a gingerbread house to complete with their parent/guardian. Please note, this is a family program, all children must be supervised by an adult. Parents/guardians do not need to register for this program, just come and have fun! **Pre-Registration is required for the children. Leominster Residents Only.**

Location: City Hall Tata Auditorium

Cost: \$15 per child



MARK OSOWSKI BASKETBALL PROGRAMS

Li'l Dribblers Co-Ed Basketball Grades 1-2 & Shooting Stars Co-Ed Basketball Grades 3-4 Leagues

**DEADLINE to REGISTER for GRADES 1-4 is
WEDNESDAY, OCTOBER 16th or Until Full**



**ALL BASKETBALL SCHEDULES HAVE CHANGED!
Please read each description for practice
and game information.**

**Participants will be randomly placed on teams
and assigned to coaches. We cannot honor
requests for any league.**

LI'L DRIBBLERS CO-ED BASKETBALL LEAGUE Grades 1-2

The Li'l Dribblers Basketball League is combined for both boys and girls. This is a beginner's league with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills.

Practice followed by a game will take place within a 1 1/2 hour block of time between 8:00am-3:30pm on Saturdays.

DATES: Oct 26– Dec 21 (No Games on Nov. 30)

DAYS: Saturdays

GRADES: 1-2

COST: \$70.00 Res./\$90 Non-Res.

SITE: TBD

SHOOTING STARS CO-ED BASKETBALL LEAGUE Grades 3-4

The Shooting Stars Basketball League is combined for both boys and girls. The focus will be on the beginner player with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills.

Practice followed by a game will take place within a 1 1/2 hour block of time between 8:00am-3:30pm.

DATES: Oct 26– Dec 21 (No Games on Nov. 30)

DAYS: Saturdays

GRADES: 3-4

COST: \$70.00 Res./\$90 Non-Res.

SITE: Johnny Appleseed School gym

MARK OSOWSKI BASKETBALL PROGRAMS

ALL BASKETBALL SCHEDULES HAVE CHANGED!
Please read each description for practice and game information

DEADLINE to REGISTER for GRADES 5-8 BASKETBALL is THURSDAY, JANUARY 2nd or Until Full

SHARP SHOOTERS CO-ED BASKETBALL LEAGUE Grades 5-6

MANDATORY DRAFT: Monday, Jan. 6, 6:00-8:00 p.m. location TBD

The Sharp Shooters Co-Ed Basketball League is combined for both boys and girls. The focus will be on basic fundamentals, strategy, and teamwork. The program is designed to give all players equal playing time while making new friends.

Girls can chose to participate in this league, register for the Girls Clinic or register for both as times will not conflict with each other. The Girls Clinic will run after the Sharp Shooters games.

GAMES: Saturdays: Jan. 18-March 15, 2025 (No games Feb. 22)
Games will be 1 hour in the morning between 8:30-12:30pm
PRACTICES: A one hour practice will be given each week on the following Monday evenings: Jan. 13, 20, 27, Feb. 3, 10, 24, March 3, 10 (No practices Feb. 17)
GRADES: 5-6
COST: \$80.00 Res./\$100 Non-Res.
SITE: TBD

FAST BREAK BOYS BASKETBALL LEAGUE Grades 7-8

MANDATORY DRAFT: Tuesday, Jan. 7, 6:00-8:00 p.m. at Francis Drake School gym

The Fast Break Boys Basketball League is a very popular program that emphasizes basic fundamentals, strategy, and teamwork. The program is designed to give all players equal playing time while making new friends.

GAMES: Thursdays: Jan 16– March 13, 2025 (No Games on Feb. 20)
Games will be 1 hour in the evenings between 6:30-9:30pm at Frances Drake School Gym.
PRACTICES: A one hour practice will be given each week on the following Wednesdays at Skyview Middle School Gym: Jan. 15, 22, 29, Feb. 5, 12, 26, March 5, 12 (No practices Feb. 19)
GRADES: 7-8
COST: \$80.00 Res./\$100 Non-Res.
SITE: Frances Drake School gym (Games)
Skyview Middle School gym (Practices)

Grades 5-12 will be required to attend a Draft.
This will help even off the teams.
See draft schedule under each league.



DEADLINE to REGISTER for BOYS TEEN BASKETBALL is TUESDAY, JANUARY 7th or Until Full

BOYS TEEN BASKETBALL LEAGUE Grades 9-12

MANDATORY DRAFT: Tuesday, Jan. 14th, 6:00-8:00 p.m. at Frances Drake School gym

The Teen Basketball league is designed for players in grades 9-12. This program is available to boys that are not participating in the high school program. Come and enjoy a fun and competitive basketball program with your friends.

No registrations will be taken at the draft!

GAMES: Jan. 27-March 4, 2025 (No games Feb. 17 & 18)
Games will be played two nights per week on Monday & Tuesday evenings between 6:30-9:30pm
PRACTICES: All teams will have one practice on Tuesday, January 21st prior to games beginning the following week.
GRADES: 9-12
COST: \$80.00 Res./\$100 Non-Res.
SITE: Frances Drake School gym (Games and Practice)



MARK OSOWSKI BASKETBALL PROGRAMS

**ALL BASKETBALL
SCHEDULES HAVE CHANGED!**
Please read each description
for practice
and game information



**DEADLINE to REGISTER for the GIRLS
BASKETBALL CLINIC and CHALLENGER
BASKETBALL is TUESDAY, JANUARY 14th
or Until Full**

GIRLS BASKETBALL CLINIC with Skyhawks Grades 5-8

This clinic is designed to teach basic basketball skills along with applying these skills during pickup games. **Girls can choose to participate in this clinic, register for the Sharp Shooters Co-Ed League or register for both as times will not conflict with each other. The Girls Clinic will run after the Sharp Shooters Co-Ed games.**

INSTRUCTOR: Skyhawks Sports Academy

DATES: Jan 18– March 15 (No clinic Feb. 22)

DAYS: Saturday

TIME: 1:00-2:30pm

GRADES: Grades 5-8

COST: \$80.00 Res./\$100 Non-Res.

SITE: TBD

CHALLENGER BASKETBALL PROGRAM Grades K-8

Challenger Basketball Program: This program will provide a FREE opportunity for children with disabilities in grades K-8 to learn the fundamentals of basketball.

INSTRUCTOR: Jeff Connors

DATES: Jan 18– March 15 (No Program Feb. 22)

DAYS: Saturday

TIME: 3:00-4:30 p.m.

AGES: Grades K-8

COST: FREE

SITE: TBD

VOLUNTEER BASKETBALL COACHES NEEDED!!

Contact us to apply or download the application on our Department Information page at

<https://leominsterma.myrec.com/info/dept/default.aspx>

Fill it out and return it to the office with a picture ID.

All Coaches **MUST** be able to pass a CORI/SORI check.

For Grades 1-2 and 3-4: There must be at least 2 coaches per team (3 coaches maximum).

There will be a mandatory coaches meeting for ALL head coaches,
regardless of length of coaching experience with us.

Date and time: TBD

PRESCHOOL PROGRAMS

MULTI-SPORT TOTS

Give your little superstar an awesome first step into sports with Multi-Sport Tots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Each week we will focus on 1 sport with each sport being highlighted over the course of the program. Please wear athletic clothing and bring a water bottle.

Parent participation required for 2 yr old class and first 2 weeks of 3 yr old class.

INSTRUCTOR: Skyhawks Sports Academy

TIME for AGES: 3:30-4:05pm (2yr to 2yr 11 mo.)
Soccer & Basketball

TIME for AGES: 4:15-5:00pm (3yr to 3yr 11 mo.)
Soccer, Basketball, and T-ball

TIME for AGES: 5:15-6:00pm (4 + 5yr)
Soccer, Basketball, and T-ball

DATES: Sept. 18– Oct. 16 (5 weeks)

DAYS: Wednesdays

COST: \$75/\$95

SITE: Barrett Park Field



YOUTH PROGRAMS

SPORTS CARDS and FUN

1 Day Activity

Have a blast with sports cards and fun, where kids will learn all about cards, open packs of cards, and engage in exciting sports themed activities. Kids will learn valuable skills in organization, creativity, and more! Whether your child loves sports or is curious about collecting cards, this event is a fantastic opportunity to learn, play, and connect with others. Kids will get to keep the cards that are given and could win even more fun prizes along the way.

INSTRUCTOR: Trevor

DATE: Tuesday, September 17

TIME: 4:00-5:15 p.m.

AGES: 8-12

COST: \$20 Res./\$40 Non-Res.

SITE: Barrett Park Program Building



LEGO BUILDERS PROGRAM

Jump aboard our exciting Lego Builders class, where your child will embark on a creative journey of building, free play, and fun challenges! Each week, children will work on a different Lego build, tackle new challenges, and let their imaginations run wild while free building. This program will further develop motor skills, creativity, problem solving, imagination, patience, and dexterity. Whether they're a seasoned Lego enthusiast or just starting out, all skill levels are welcome.

INSTRUCTOR: Trevor

DATES: September 19-November 14 (8 weeks)
(No program on Oct. 31)

DAY: Thursdays

TIME: 4:00-5:15 p.m.

AGES: 6-9

COST: \$65 Res./\$85 Non-Res.

SITE: Barrett Park Program Building



YOUTH PROGRAMS



ROBO THINK

Halloween Scream Robotics Workshop

Things just got spooky with RoboThink! In this workshop, students will get an opportunity to build a variety of Halloween-themed robots and machines that are sure to give you the chills! Just like Dr. Frankenstein, students will use gears, motors, axles, and batteries to bring their own creations to life! No experience, necessary, just prepare for some real ghastly fun!

INSTRUCTOR: RoboThink
DATES: October 23 (Early Release Day)
DAYS: Wednesday
TIME: 1:00-2:15 p.m.
AGES: Ages 7-12
COST: \$35 Res./\$55 Non-Res.
SITE: Barrett Park Program Building

SAFE SITTER BABYSITTING CLASS

Are you interested in becoming a certified babysitter? You will learn how to handle certain emergency situations, basic first aid, how to prepare for an interview, and infant care. This class includes a variety of teaching methods, including active discussion, a video and role playing, with materials provided by the instructor Heather Welch, RN, owner of Welch Health Services, LLC. This is a 2.5 hour babysitting course with one hour added on for hands-only CPR and infant/child choking training (The CPR is for training purposes and awareness only-not a certification). **Please bring a drink and a peanut/tree nut free snack. Participants will receive training materials to bring home including a mini first aid kit and SafeSitter certificate of completion.**

INSTRUCTOR: Heather Welch, RN
DATES: October 28
DAYS: Monday
TIME: 5:00-8:30 p.m.
AGES: 12-17
COST: \$85 Res./\$105 Non-Res.
SITE: Emergency Management Classroom

FALL EXPRESSIONS

Youth Art Program

Each week will be filled with fun and exciting Fall themed arts and crafts! Some projects include foam air dry clay sculptures, candy apple puffy paint and more!

DATES: September 18– October 23 (6 weeks)
DAYS: Wednesdays
TIME: 4:00-5:15 p.m.
AGES: 6-9
COST: \$55 Res./\$75 Non-Res.
SITE: Barrett Park Program Building

SALEM SISTERS

Movie, Popcorn and Craft Night

Join us to watch the classic movie “Hocus Pocus”, eat some popcorn and enjoy fall craft making. Come in for a spell, leave with fun October memories!”

DATES: October 18
DAYS: Friday
TIME: 4:30-7:00 p.m.
AGES: 9-12
COST: \$15 Res./\$35 Non-Res.
SITE: Barrett Park Program Building



PLANT SLIME PROGRAM

Learn about the sticky, slimy adaptations of plants and mix up your own slime recipe. Materials: Liquid glue, glitter, food coloring, baking soda, contact solution.

INSTRUCTOR: New England Botanic Garden
DATES: November 25 (Early Release Day)
DAYS: Monday
TIME: 1:00-2:00 p.m.
AGES: 6-12
COST: \$20 Res./\$40 Non-Res.
SITE: Barrett Park Program Building

KIDS HOLIDAY GIFT MAKING

Children get to create a special gift for someone special and then wrap it up getting it ready for giving. It's never too soon to prep for the festive season!

DATES: December 12
DAYS: Thursday
TIME: 4:00-5:15 p.m.
AGES: 6-9
COST: \$15 Res./\$35 Non-Res.
SITE: Barrett Park Program Building



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YOUTH PROGRAMS



TENNIS IN THE PARKS

- GRADES 1-2** RED BALL Sundays 9:00-10:00 a.m.
- GRADES 3-5** ORANGE BALL Sundays 10:00-11:00 a.m.
- GRADES 6-8** GREEN BALL Sundays 11:00a.m.-12:00 p.m.

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket!

INSTRUCTOR: Led by an approved USTA Net Generation tennis coach

DATES: Sept. 15-Oct. 20 (Rain date: 10/27) (6 weeks)

COST: \$75 Res./\$95 Non-Res.

SITE: Doyle Courts



YOUTH GOLF LESSONS

These golf lessons will consist of four one-hour lessons designed to introduce golf fundamentals to players of all levels. Rob Brand will be leading our golf instruction and he comes to us following a very successful ten years in the golf industry as a Class A PGA professional. The lessons will focus on the basics of short game skills such as putting and chipping as well as working on your full swing. Please bring your own golf clubs. Limited golf clubs will be available if needed.

INSTRUCTOR: Rob Brand

DATES: Sept. 21-Oct. 12 (4 weeks)

DAYS: Saturdays

TIME: 2:00-3:00 p.m.

AGES: Ages 10-13

COST: \$140 Res./\$160 Non-Res.

SITE: Monoosnock Country Club



STREET HOCKEY

Ages 6-9

Boys and Girls will learn and develop playing street hockey in a fun organized setting. Sessions will begin with skill building drills and team bonding exercises. Followed by pickup games where kids will be split up into different teams each week. All players will learn how to pass, shoot, defend, and work as a team. By the end of the program kids will have a greater understanding of the game along with improved skills such as hand-eye coordination, balance, and agility. We welcome all playing abilities. We suggest bringing your own hockey stick but will be provided if needed. We recommend that you bring a mouthguard and water bottle as well.

INSTRUCTOR: Trevor

DATES: Sept. 16-Oct. 28 (6 weeks) (No class Oct. 14)

DAYS: Mondays

TIME: 4:30-5:30 p.m.

AGES: 6-9

COST: \$40 Res./\$60 Non-Res.

SITE: Fournier Park Basketball Courts



STREET HOCKEY

Ages 10-13

Join our kid's street hockey program, where young athletes can develop their hockey skills in a fun and supportive environment! Our program aims to introduce the fundamentals of street hockey, progressing in difficulty each week to challenge and inspire participants. Skill drills will be followed by pickup street hockey games, where kids will be split up into teams to play against each other. Kids will have improved skills in shooting, defending, passing, stick handling, teamwork and more. All skill levels are welcome to join, and we suggest bringing your own hockey stick but will be provided if needed. We recommend that you bring a mouthguard and a water bottle.

INSTRUCTOR: Trevor

DATES: Sept. 16-Oct. 28 (6 weeks) (No class Oct. 14)

DAYS: Mondays

TIME: 3:15-4:15 p.m.

AGES: 10-13

COST: \$40 Res./\$60 Non-Res.

SITE: Fournier Park Basketball Courts

TEEN & ADULT PROGRAMS

TEEN AND ADULT HEALTH AND SAFETY CPR/AED CLASS



This child/adult CPR/AED training will teach participants the necessary skills for responding in an emergency. This class is designed for anyone that is interested in being certified to administer CPR/AED care. Participants that complete the class will receive a certification valid for two years through ASHI.

INSTRUCTOR: Nick
DATES: October 9, 2024
DAY: Wednesday
TIME: 5:00-7:00 p.m.
AGES: 14 through adult
COST: \$30 Res./\$50 Non-Res.
SITE: Barrett Park Program Building



ADULT PROGRAMS



ADULT TENNIS IN THE PARKS

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. All players in their first session receive and keep a new tennis racket!

INSTRUCTOR: USTA Tennis Coach
DATES: Sept. 15-Oct. 20 (Rain date: 10/27) (6 weeks)
DAYS: Sundays
TIME: 12:00-1:30pm
AGES: 18+
COST: \$85 Res./\$105 Non-Res.
SITE: Doyle Courts



ADULT GOLF LESSONS

These golf lessons will consist of four one-hour lessons designed to introduce golf fundamentals to players of all levels. Rob Brand will be leading our golf instruction and he comes to us following a very successful ten years in the golf industry as a Class A PGA professional. The lessons will focus on the basics of short game skills such as putting and chipping as well as working on your full swing. Please bring your own golf clubs. Limited golf clubs will be available if needed.

INSTRUCTOR: Rob Brand
DATES: Sept. 21-Oct. 12 (4 weeks)
DAYS: Saturdays
TIME: 3:00-4:00 p.m.
AGES: 18+
COST: \$140 Res./\$160 Non-Res.
SITE: Monoosnock Country Club



ADULT PROGRAMS

INTRO. TO PICKLEBALL (Beginner)

Introductory pickleball clinic for adults looking to learn the fastest growing sport in the United States. This clinic will provide an introduction of pickleball that includes basic fundamentals, terminology, etiquette and rules of play. Equipment will be provided.

INSTRUCTOR: Ben

DATES: Sept 16– Oct 28 (6 wks)
(No Class on 10/14)

DAYS: Mondays

TIME: 6:00-7:15 p.m.

AGES: Adults 18 +

COST: \$60 Res./\$80 Non-Res.

SITE: Skyview Middle School Gym



INTRO. TO PICKLEBALL (Intermediate)

Intermediate pickleball clinic for adults looking to sharpen their skills for the fastest growing sport in the United States. Equipment will be provided,

INSTRUCTOR: Ben

DATES: Sept 16– Oct 28 (6 wks)
(No Class on 10/14)

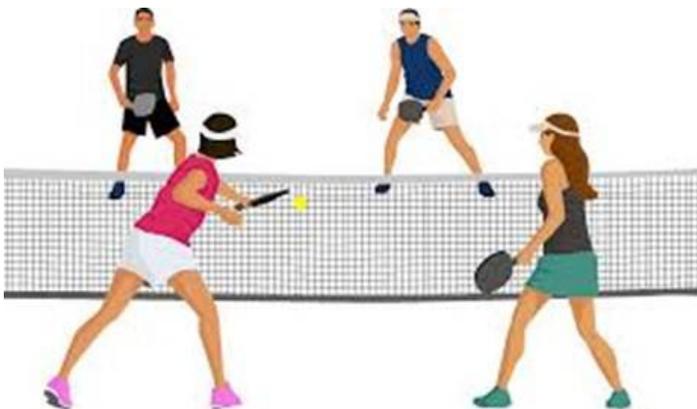
DAYS: Mondays

TIME: 7:15– 8:30 p.m.

AGES: Adults 18 +

COST: \$60 Res./\$80 Non-Res.

SITE: Skyview Middle School Gym



YOGA

In this class you will stretch your muscles, relieve some stress, release some tension, and increase your range of motion. Taught by Katie, a local Massage Therapist, Lymphatic Drainage Therapist, and 200RYT, you will both passively and actively move your body to help realign and reactivate some muscles that may need readjustment. All new and imperfect yogis welcome. Mats, blocks, and straps provided, but please bring some water and a smile!

INSTRUCTOR: Katie

AGES: 18+

COST: \$80/\$100

SITE: Barrett Park Program Building

2 Different days/times to choose from!

DAYS: Mondays, Sept. 23-Nov. 11 (8 weeks)

TIME: 6:00-7:00 p.m.

DAYS: Wednesdays, Sept. 25-Nov. 13 (8 weeks)

TIME: 11:30 a.m.-12:30 p.m.

FUN FITNESS WITH KATHI TEW

Come spend one hour twice a week working out and having fun! The hour is split between cardio training and large muscle training. You will need a good pair of sneakers, an exercise mat, hand weights and water. The weights should be 2 – 3 pounds (women) 5 pounds (men). If you have been exercising you may use 5 – 9 pounds (women) and 10-20 for men. Everything can be modified based on your level of fitness. Please come try it out!

INSTRUCTOR: Kathi

SESSION 1: Sept 17– Oct 24 (6 weeks)

SESSION 2: Nov 5– Dec 17 (6 weeks) (No class on Nov. 28)

DAYS: Tuesdays and Thursdays

TIME: 5:30-6:30 p.m.

AGES: 18+

COST: \$85 Res./\$105 Non-Res.

SITE: Barrett Park Program Building

WOMEN'S VOLLEYBALL

Join us for well-organized pickup volleyball. This is the perfect way to meet new people and get some playing time without the commitment of a league. We make teams on site so you can sign up by yourself or with friends. All skill levels are welcome.

CONTACT PERSON: Julie

DATES: Sept 18– Oct 23 (6 wks)

DAYS: Wednesdays

TIME: 6:00– 8:00 p.m.

AGES: 18+

COST: \$30 Res./\$50 Non-Res.

SITE: Frances Drake School gym



RECREATION DEPARTMENT AND LEOMINSTER

TRAIL STEWARDS FALL HIKING SERIES

In this Hiking Series you will explore various Leominster Trails and out of town sites once a month.

Hikes are led by members of the Leominster Trail Stewards and are no more than 3 miles.

Wear hiking boots, bring water to drink, a light snack, bug repellent, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring, if you have them. Bring a flashlight or headlamp for night hikes.

COST: Free (unless noted) -*Hikers gather informally and hike at their own risk.*

CANCELLATIONS: Hikes are cancelled if it rains or if we do not have at least 5 people signed up.

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather. Call the Recreation Department at 978-534-7529 for any updates.

FRIDAY, SEPTEMBER 20: FALL EQUINOX HIKE

10:00 a.m.

Location: Boutelle Conservation Area

Led by Deb Giovannucci. A slow 1 1/2 mile hike at Boutelle Conservation area. Meet at 10:00 am at Hill St. trail head parking lot. Bring a snack and water for when we stop and enjoy the overlook. This will not be the fastest hike you ever took, in fact, it may be the slowest. Sturdy shoes and bug spray is recommended.

SATURDAY, OCTOBER 26: LEOMINSTER STATE FOREST HIKE

10:00 a.m.-12:00 p.m.

Location: Leominster State Forest

Hike with us at Leominster State Forest. Led by Susie Herring. Meet at the Parmeter Rd Parking trail head parking lot off Elm St. Leominster at 10:00 am. This will be a 3-mile, 2-hour, moderate hike. Wear hiking boots, bring water to drink, a snack, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

FRIDAY, NOVEMBER 15: FULL MOON HIKE TO MONOOSNOC OVERLOOK

6:30-8:30 p.m.

Location: Leominster High School Upper Parking Lot

Led by Neal Wynne. Meet at Leominster High School upper parking lot at 6:30pm, will carpool to Granite Street Trailhead. This will be a 3-mile, 2-hour, moderate hike. Wear proper footwear and clothing (dress in layers). Bring water, your hiking stick if you have them, and a headlamp or flashlight

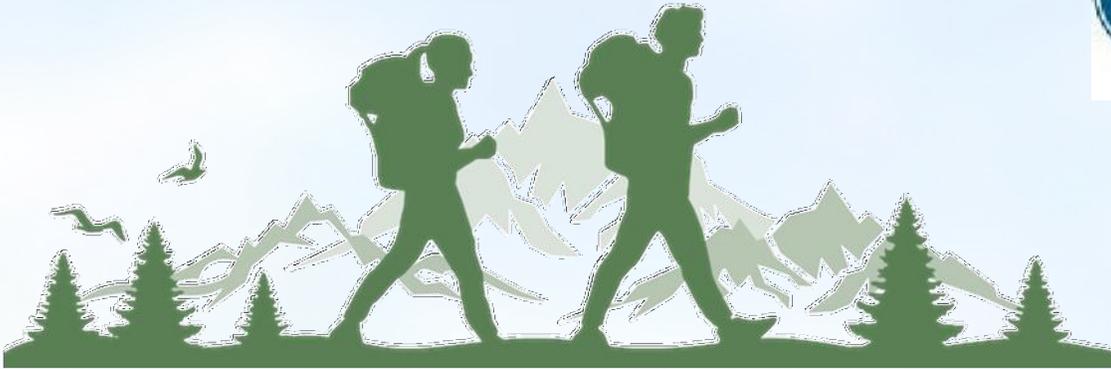
SATURDAY, DECEMBER 14: FULL MOON HIKE AT SHOLAN FARMS

6:00-8:00 p.m.

Location: Trailhead Parking Lot on Pleasant Street

Led by Neal Wynne. Meet me at the trailhead parking lot on Pleasant Street across from the Sholan Farmstand. Experience a hike through the apple orchard as we hike down to Fallbrook and Heywood Reservoirs and back. This will be a 3-mile, 2-hour, moderate hike. Wear proper footwear and clothing (dress in layers). Bring water, your hiking stick if you have them, and a headlamp or flashlight.

RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS TRAILS INFORMATION



Leominster Rec Dept Trails

If you enjoy hiking the Leominster trails and would like to volunteer in their maintenance, we have two options in which you can help the Leominster Trail Stewards:

OPTION ONE: Trail workdays are scheduled on Saturday mornings from 8am-12noon in a select area that needs our efforts. These work days are organized by Dick O'Brien. If you are interested in volunteering, email Dick at dobrien578@gmail.com.

OPTION TWO: become a Volunteer Trail Adopter to help maintain a specific segment of trail on your determined schedule. If you are interested in becoming an adopter, contact Anne Seed at anneseed8@gmail.com. A copy of the Leominster Trail Steward's [Trail Adopter's Handbook](#) can be found on the Recreation Department website.

If you would like to join the Leominster Trail Stewards committee, contact Neal Wynne at nwynne51@gmail.com.

Trail maps can also be found on our website at <https://www.leominster-ma.gov/395/Trails-Hiking-Information-Maps>

To register for a hike, go to <https://leominsterma.myrec.com/info/default.aspx>

For questions on the hikes, contact Dick O'Brien, Neal Wynne or Anne Seed with their emails above or Judith Sumner at jsumner55@msn.com.

