

# **LEOMINSTER** Recreation Department

# SMAN CPR 2024

## Registration Begins April 9th



#### DEPARTMENT INFORMATION

#### **MISSION STATEMENT**

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

#### **STAFF**

Lisa Comeau, Director Nick Abruzzi, Assistant Director Douglas Munroe Jr., Maintenance Supervisor Deborah Mathieu, PT Program Assistant/Office Support Christina O'Connor-Rice, Recreation Supervisor Connie Breed, Bookkeeper

#### **OFFICE**

Leominster Recreation Department 40 Barrett Parkway, Leominster, MA 01453 Hours: Monday-Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m. Phone: 978 534-7529 Fax: 978-534-7549

Mail: Leominster Recreation Department 25 West Street, Leominster, MA 01453

E-mail: <u>recdept@leominster-ma.gov</u> Website: <u>www.leominster-ma.gov</u>

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

#### **GENERAL INFORMATION**

It is our goal to offer quality recreational activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

#### **FACILITY LOCATIONS**

Doyle Field	206 Priest Street
Doyle Tennis Courts	<b>171 Priest Street</b>
Barrett Park	40 Barrett Parkway
Arthur A. Fournier Park	525 Litchfield Street
Prospect Park	321 Prospect St.
Carter Park	125 Main Street
Fay Scharmett Memorial Playground	300 Merriam Ave.
Third Street Playground	163 Third Street
Southeast Playground	95 Viscoloid Ave.
Johnson Street Park	101 Johnson Street
Bennett School	145 Pleasant Street
Priest St. School	<b>115 Priest Street</b>
Fallbrook School	25 DeCicco Dr.
Frances Drake School	95 Viscoloid Ave.
Johnny Appleseed School	845 Main Street
Northwest School	45 Stearns Ave.
Samoset School	100 DeCicco Dr.
Sky View Middle School	500 Kennedy Way
Leominster High School	122 Granite Street
Carter Jr. High Field	261 West Street
Lassie League Fields	20 Bassett Street
<b>Bachand Little League Field</b>	140 12 <sup>th</sup> Street
National Little League	45 Sterns Ave.
Justin DeSantis Little League	40 Bernice Ave.
Leominster State Pool	111 Viscoloid Ave.

NO Smoking, NO Littering, NO Drinking and NO Drugs on Recreation and School Property. FINES WILL BE IMPOSED! NO Dogs are allowed at Barrett Park or any fenced in playing area.

#### **RECREATION COMMISSIONERS**

Maureen Donatelli, Chair Jeff O'Neill, Vice Chair Thomas Bissonnette, Douglas Cormier

Theresa McEwen, Peggy Stephenson



Follow Leominster Recreation Department on Facebook and Instagram



## MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or disability, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. The Leominster Recreation Department will work with families to make accommodations or recommend a program that will ensure a safe and successful experience.

### **REGISTRATION INFORMATION AND POLICIES**

## **Registration begins on April 9th**

Our office hours are: Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday until 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. <u>The Recreation Department reserves the right to cap the registrations for any program based</u> <u>on availability of personnel, facilities, or any other factors affecting the programs.</u>

#### **\*\*NOTE: ALL OUR PROGRAMS ARE NUT FREE\*\***

Register online at <u>https://leominsterma.myrec.com/info/default.aspx</u> or in the office at 40 Barrett Parkway, Leominster.

Registrations will close a week before programs start or once full capacity is reached. If you do not receive an email receipt after you register, then your registration is not complete and will not be added to the program.

\*\*\*<u>No registrations will be accepted after the deadlines.</u>

Non-residents wishing to register for a program will be allowed only if space permits, with a \$20.00 increase in fee.

ALL registrations are non-refundable unless the Recreation Department cancels a program.

\*A \$20 processing fee will be charged if a refund becomes necessary. \*There is a \$25 service charge for all returned checks. Please make note of these important policies.

## FREE ATTRACTION PASSES AVAILABLE

#### ALL PASSES MUST BE RETURNED WITHIN 24 HOURS OF PICKUP TIME

#### **TOWER HILL BOTANIC GARDEN PASS**

11 French Drive, Boylston



#### FREE DAY PASS FOR UP TO 3 PEOPLE

Visit Tower Hill in Boylston all four seasons to view their exquisite gardens, shop in the garden store, hike the trails, take in an event, educational seminar or picnic on the grounds with magnificent views. Open Daily from 10am-5pm. Email the Recreation Dept. to reserve your pass with the day and time you'd like to visit.

#### **DCR STATE PARKS PASS**



#### FREE DAY PASS FOR 1 VEHICLE

Leominster residents can borrow a 2024 MA Parks pass free of charge to visit over 50 facilities in the Massachusetts State Parks System. This pass entitles the bearer to free parking for one vehicle (excluding buses and passenger vans) but does not guarantee entry. Email or call the Recreation Department to reserve your pass with the date you'd like to visit. For a list of MA park facilities where park passes may be used, please visit <u>www.mass.gov/dcr</u>.

## **DOYLE TENNIS & PICKLEBALL**

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#### **KEYS TO DOYLE FIELD TENNIS & PICKLEBALL COURTS**

Keys for residents: \$30.00 and Non-residents: \$50.00. Seniors 65 and over get a \$5.00 discount. Keys are currently available at the Recreation Department office. Proof of residency is required for the reduced rate. Identification will be required to obtain a key. (If you do not wish to purchase a key for the season, you may leave a \$30.00 refundable deposit for 24 hours). New keys will be issued annually. Key holders are required to review & abide by court etiquette and usage rules (provided at registration). For additional information or questions, please call the Recreation Department.



#### TENNIS IN THE PARKS ADULT TENNIS LESSONS

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker!

All players in their first session receive and keep a new age-appropriate racket!

DATES:July 11 - August 15, 2024 (6 weeks)DAYS:ThursdaysCOST:\$85 Res./\$105 Non. Res.SITE:Doyle Tennis CourtsTIMES:ADULTS: 6pm-7:30



## LEOMINSTER STATE POOL INFORMATION

#### **SWIM PROGRAMS**

The Leominster Recreation Department in conjunction with the Department of Conservation and Recreation, will once again manage operations at the State Pool located at 111 Viscoloid Avenue.

The pool will officially open on Saturday, June 22 and close for the season on Sunday, August 18, 2024. A variety of water activities for all ages will be offered; activities will include swim lessons and public swim time. Certified lifeguards are on site at all times.

#### **POOL HOURS**

**Daily Swim:** Sunday - Saturday 12:00 p.m.-6:45 p.m. **Swim Lessons:** Monday- Friday, 8:00 a.m.-11:30 a.m. Registrations will take place online beginning May 7, 2024 **\*Pool hours subject to change based on staffing and weather** 

#### **FEES**

Individual Pass: Daily \$5.00, Season Pass \$35.00 Senior Pass (Over 65): Daily \$3.00, Season Pass \$30.00 Two Person Pass: \$65.00 Family Season Pass: \$85.00 for same household family for 3-6 members including adults Swim Lesson: \$75.00 per session



Swim Lesson Registrations & Pool Passes will be available to purchase online starting on May 7, 2024



#### **FAMILY SEASON PASS**

We will once again offer family passes for swimming. The cost is \$85.00 for a same household family of 3-6 members including adults for the season. Picture ID for all adult members will be required to purchase a pool pass and when entering the pool. Family passes cannot be used to drop children offfor the day without adult supervision. *An adult must accompany children 16 years and younger*. Financial assistance, "Funded by City of Leominster/CDBG Program or US Dept. of HUD, is available for pool passes. Applications are available at the Mayor's office on a first come first served basis. **Income tax information and proof of residency for all family members are required.** There are a limited number of passes.



#### THIRD STREET PLAYGROUND & SPLASH PARK

Located at 163 Third Street, opens Memorial Day Weekend and closes after Labor Day. **No dogs allowed.** 

#### **SPLASH PAD AT FOURNIER PARK**

Located at 525 Litchfield Street, opens Memorial Day Weekend and closes after Labor Day. Reservations for the pavilion are not accepted and can be used on a first come first served basis. Please be courteous to others and limit the length of stay under the pavilion to two hours. No private parties and no pop-up tents are allowed in the Splash Park area. **No dogs allowed.** 



## LEOMINSTER STATE POOL INFORMATION



#### https://leominsterma.myrec.com/info/activities/

Swim lessons will once again be offered by the Leominster Recreation Department at the State Pool at 111 Viscoloid Ave. Certified Water Safety Instructors will provide these classes. Lessons are thirty minutes in length. Learn to Swim Class descriptions are given below. Classes will be held Monday – Friday for two weeks and there will be four different sessions to choose from. See dates and times below. "Learn-to-Swim" teaches people to swim and to be safe in, on and around the water.

Level 1	<b>Introduction to Water Skills:</b> To help students feel comfortable in the water and to enjoy the water safely. <b>Requirements:</b> None. This is a class for those who are brand new or intimidated by the water.
Level 2	<b>Fundamental Aquatic Skills:</b> To give students an introduction to fundamental skills. <b>Requirements:</b> Swimmers should already be able to float on front and back (with assistance) and put their head under water.
Level 3	<ul> <li>Stroke Development: To build on the skills in Level 2 by introducing new strokes including free style, side breathing and back stroke.</li> <li>Requirements: Swimmers should already be comfortable swimming front stroke and swimming on their back.</li> </ul>
Level 4	<b>Stroke Improvement:</b> To develop confidence in the strokes learned and improve on other aquatic skills by Increasing endurance through swimming greater distances. <b>Requirements:</b> Swimmers should already be able to swim front and back crawl 25 yards.
Level 5	<b>Stroke Refinement:</b> Coordination and refinement of strokes <b>Requirements:</b> Swimmers should already be able to swim freestyle, breaststroke and backstroke 25 yards, scissors kick, treading water, and dive.
Level 6	<ul> <li>Swimming &amp; Skill Proficiency: Refine strokes so students swim with more ease, efficiency, power and smoothness over greater distances.</li> <li>Requirements: Swimmers should already be able to swim front and back crawl 50 yds, elementary backstroke 25 yards, breaststroke 25 yards, butterfly 25 yards, sidestroke 10 yards, tread water for 3 minutes, and dive.</li> </ul>

Anyone who needs special accommodations, please contact the pool at 978-537-8268 or prior to pool opening contact the Recreation Office via email: recdept@leominster-ma.gov.

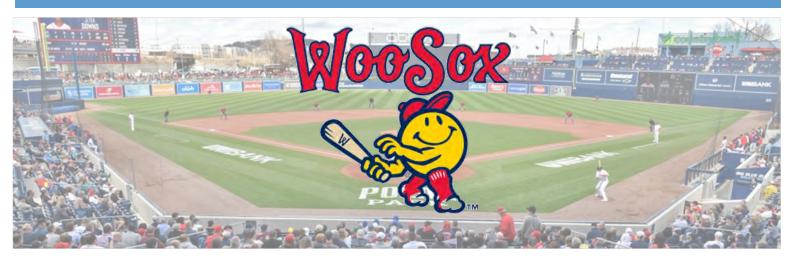
Private lessons may be offered pending staff availability.



#### **SESSION DATES**

Session I: June 24 - July 5 (There will be lessons on July 4th)
Session II: July 8 - July 19
Session IV: July 22 - August 2
Session IV: August 5 - August 16
COST: \$75.00 per session
PLACE: Pool at 111 Viscoloid Ave.
TIMES: Vary according to level: 8:00 a.m. – 11:30 a.m.
REGISTRATIONS: Will open online on Tuesday, May 7th

## **FAMILY ACTIVITIES**



## **FAMILY FUN NIGHT AT POLAR PARK!**

Come join the Leominster Recreation Department for a night out at Polar Park as the WooSox take on the Rochester Red Wings on Saturday, June 22nd at 4:05 p.m. You get the unique experience to sit in the Flight Deck located in the lower level in right center field!

The cost of the program includes game ticket, bus transportation and a \$13.00 dollar credit built into each ticket for concessions at the park. Tickets are limited so sign up and watch the future stars of the Boston Redsox! Bus will leave Barrett Park at 2:30 p.m. and return immediately following the game.

DATE: Saturday, June 22, 2024 AGES: 5 and up (Must be accompanied by an adult) TIME: Bus leaves from Barrett Park at 2:30pm COST: \$40.00 per person

## **FAMILY BINGO NIGHT!**

Join us for a family night filled with fun and excitement! Our Family Bingo is a great way to have a night out and spend quality time with family. Play is not only for amusement but also for a chance to win great prizes! **Pre-registration required!** 

DATE: Thursday, August 8, 2024 AGES: All TIME: 5:30pm - 7:00pm COST: \$5 Res./ \$10 Non-Res. SITE: Veteran's Memorial Center



## ALL DAY SUMMER PROGRAMS



#### **ADVENTURE SQUAD**

The adventure squad offers youth ages 10 - 12 a fun filled program with an emphasis on exploration, creativity, and outdoor activities. The program will be based out of Barrett Park and will make use of everything it has to offer. Activities will include arts and crafts, team building exercises, sports, games and nature-based programing. This week long summer program will provide water fun to keep everyone cool during the heat of summer.

DATES: July 1 - August 2, 2024 (No program July 4th & 5th)

TIME: 9:00am - 3:00pm

AGES: 10 - 12

**<u>COST:</u>** Wk 1: \$75 Res./\$95 Non-Res.

- Wk 2-5: \$130 Res./\$150 Non-Res.
- **<u>SITE:</u>** Barrett Park Program Building

Financial assistance is available for City of Leominster residents only. Assistance is available for the All Day Summer Programs only. Financial Aid is funded through the City of Leominster/CDBG Program or US Dept. of HUD. Deadline to apply for Financial Assistance is Friday, May 17. 2024. You must apply at the Recreation

Department. Income tax information and proof of residency for all family members are required. Financial Aid payments must be paid at least two weeks in advance as space is limited. Children are not registered until payment is made for that week before the deadline and if space allows.

## HALF DAY SPORTS PROGRAMS











Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this program, our patient and knowledgeable staff use a variety of your favorite gym class skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include dodgeball, capture the flag, ultimate frisbee, kickball, wiffle ball, 4 square, flag football, team handball and many more. Participants should bring multiple water bottles, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

DATES: June 24 - 28, 2024 DAYS: Monday - Friday AGES: 7 - 12 TIMES: 9:00am - 12:00pm COST: \$140 Res./\$160 Non-Res. SITE: Barrett Park Field



#### **MULTI-SPORTS with SKYHAWKS**

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. We will also explore the science and technology of various sports through a number of hands on activities throughout the course of the week. Participants should bring multiple water bottles, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

DATES: August 5 - 9, 2024 DAYS: Monday - Friday AGES: 7 - 12 TIMES: 9:00am - 12:00pm COST: \$140 Res./\$160 Non-Res. SITE: Barrett Park Field

#### **YOUTH TENNIS with SKYHAWKS**

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Skyhawks staff also instill positive life skills such as respect and sportsmanship. Participants with their own racquets may bring them but we will also have some on hand to borrow during the program. Participants should bring multiple water bottles, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

DATES: August 12 - 16, 2024 DAYS: Monday - Friday AGES: 7 - 12 TIMES: 9:00am - 12:00pm COST: \$140 Res./\$160 Non-Res. SITE: Doyle Field Tennis Courts

\*Please note that the Skyhawks Programs are outdoor programs and in the event that it is forecasted to have severe weather, the program will be cancelled for that day.

## YOUTH PROGRAMS

#### **BABYSITTING CLASS**

Are you interested in becoming a certified babysitter? You will learn how to handle certain emergency situations, basic first aid/cpr, and provide activities for children. This class includes a variety of teaching methods, including active discussion, a video and role playing, with materials provided by Smart Kids 101. Taught by Heather Welch, RN, owner of Welch Health Services, LLC. **Please bring a drink, peanut/tree nut free snack and doll or stuffed toy to each class. Participants will receive a Safe Sitter booklet.** 

DATE:August 22, 2024DAYS:ThursdayTIME:1:00 p.m. - 5:30pmAGES:12-17COST:\$90 Res./\$110 Non-Res.SITE:Barrett Park Program Building

#### **CHALLENGE ISLAND**

Put the tablets away, and get ready for the most fun STEAM engineering in the universe! Challenge Island's summer program will offer a week full of action packed team building activities. We will whisk you away to some of our best themed islands! Island is where you will take on unbelievable challenges based on zany, wacky, wild 100% true facts from around the world; Monsters and Myths, prepare to enter an enchanted island filled with mythological monsters, and creatures; Shark Tooth Island brings the book, Bridge to Sharktooth Island, the first book in the Challenge Island book series to life. You and your STEAM TEAM will chomp into shark FINfested challenges from building bridges over "shark infested" waters to designing and racing pirate ships. Of course, no program would be complete without slime! Travel to Italy and make pizza slime and fly to outer space to make galaxy slime and more!

Each child will get a Bridge to Sharktooth Island book. Participants should bring a water bottle and a peanut/ tree nut free snack.

 DATES:
 August 26 - 30, 2024

 DAYS:
 Monday-Friday

 TIME:
 9:00a.m.—12:00p.m.

 AGES:
 6 - 9

 COST:
 \$170 Res./\$190 Non. Res.

 SITE:
 Barrett Park





#### TOP SECRET SCIENCE & MATH Up to 50 Spectacular Science Experiments!

Come join this very cool and fun elementary school summer program! Over the past 26 years, Top Secret Science (www.TopSecretScience.org) has worked hands-on with over 1.5 million children. Each day the kids will explore up to 10 weird and wacky hands-on science experiments and will make and take home at least five different projects. The scientists are fast paced and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Be prepared for lots of fun stuff. Each child receives Scientist Trading Cards and a Free Top Secret Science Tee Shirt! A wonderful three hours of science each day. Hope to see you there!!

DATES:August 19 - 23, 2024DAYS:Monday-FridayTIME:9:00a..m. - 12:00p.m.AGES:6 - 10COST:\$190 Res./\$210 Non-Res.SITE:Barrett Park Program Building



#### **COLOR OUTSIDE THE LINES**

Bring out your inner artist with our fun youth art program! Each day will be filled with fun and exciting art activities like air dry foam clay, painting and more.

Participants should bring a water bottle and a peanut/tree nut free snack.

#### **INSTRUCTOR:** Christina

 DATES: August 12 - 16, 2024

 DAYS: Monday-Friday

 TIME: 9:00a.m.—12:00p.m.

 AGES: 6 - 9

 COST: \$70 Res./\$90 Non. Res.

SITE: Barrett Park Program Building



## YOUTH SPORTS PROGRAMS

#### **TENNIS IN THE PARKS**

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker!

All players in their first session receive and keep a new age-appropriate racket!

DATES:July 10 - August 14, 2024 (6 weeks)DAYS:WednesdaysCOST:\$75 Res./\$95 Non. Res.SITE:Doyle Tennis Courts

- SITE:Doyle Tennis CourtsTIMES:AGES 6-7 (Red Ball): TIME: 5pm-6pm
- AGES 8-10 (Orange Ball): TIME: 6pm-7pm

DATES: July 11 - August 15, 2024 (6 weeks)

- DAYS: Thursdays
- **<u>COST:</u>** \$75 Res./\$95 Non. Res.
- **<u>SITE:</u>** Doyle Tennis Courts
- TIMES: AGES 11-13 (Green Ball): 5pm-6pm

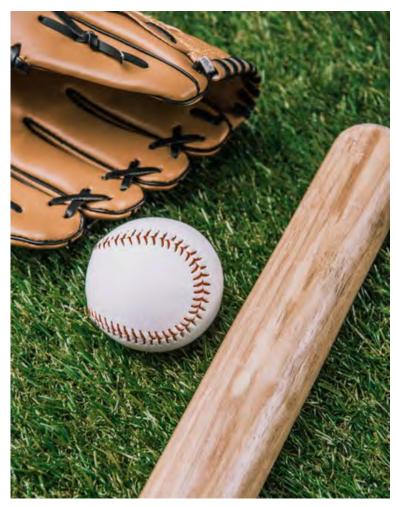
DATES: July 11 - August 15, 2024 (6 weeks)

- DAYS: Thursdays
- **<u>COST:</u>** \$85 Res./\$105 Non. Res.
- SITE:Doyle Tennis CourtsTIMES:ADULTS: 6pm-7:30



NEW ENGLAND





#### **BASEBALL CLINICS**

Whether you are a young beginner, just learning the game, or a middle school player ready to take your game up a notch, this baseball clinic is for you! This clinic is designed for ages 7-12 to help improve on the fundamentals of baseball and help fine-tune your skills. You will learn hitting, fielding, mechanics and sportsmanship. These clinics are run by LHS Head Coach, Richard Barnaby. **Participants must bring their own glove and a helmet if they have one.** 

#### 2 sessions to choose from!

- SESSION I:Monday, July 22 Thursday, July 25<br/>(Rain date Friday, July 26, 2024)SESSION II:Monday, July 29 Thursday, August 1<br/>(Rain date Friday, August 2, 2024)
- DAYS: Monday Thursday, Rain day on Fridays
- <u>TIME:</u> 9:00 a.m. 12:00 p.m.
- AGES: 7-12
- **<u>COST:</u>** \$105.00 Res./\$125 Non. Res.
- **<u>SITE:</u>** American Little League Field on Twelfth St.

## RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS TRAILS INFORMATION



If you enjoy hiking the Leominster trails and would like to volunteer in their maintenance, we have two options in which you can help the Leominster Trail Stewards:

OPTION ONE: Trail workdays are scheduled on Saturday mornings from 8am-12noon in a select area that needs our efforts. These work days are organized by Dick O'Brien. If you are interested in volunteering, email Dick at <u>dobrien578@gmail.com</u>.

OPTION TWO: become a Volunteer Trail Adopter to help maintain a specific segment of trail on your determined schedule. If you are interested in becoming an adopter, contact Anne Seed at <u>anneseed8@gmail.com</u>. A copy of the Leominster Trail Steward's <u>Trail Adopter's Handbook</u> can be found on the Recreation Department website.

If you would like to join the Leominster Trail Stewards committee, contact Neal Wynne at <a href="https://www.nwsne51@gmail.com">nwynne51@gmail.com</a>.

Trail maps can also be found on our website at https://www.leominster-ma.gov/395/Trails-Hiking-Information-Maps

To register for a hike, go to <u>https://leominsterma.myrec.com/info/default.aspx</u> For questions on the hikes, contact Dick O'Brien, Neal Wynne or Anne Seed with their emails above or Judith Sumner at <u>jsumner55@msn.com</u>.



## **RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS SUMMER HIKING SERIES**



In this Hiking Series you will explore various Leominster Trails and out of town sites once a month. Hikes are led by members of the Leominster Trail Stewards and are no more than 3 miles. Wear hiking boots, bring water to drink, a light snack, bug repellent, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring, if you have them. Bring a flashlight or headlamp for night hikes.

**COST:** Free (unless noted) -Hikers gather informally and hike at their own risk.. **CANCELLATIONS:** Hikes are cancelled if it rains or if we do not have at least 5 people signed up.

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather. Call the Recreation Department at 978-534-7529 for any updates.







#### Saturday, June 1st National Trails Day Leominster State Forest Hike 10:00 a.m. Leader: Art O'Leary Location: Meet at Parmenter Rd Parking lot off Elm Street

Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them. 3-miles, moderate hike.

#### Saturday, July 13th Prospect Park Outer Loop Hike

10:00 a.m. Leader: Neal Wynne Location: Meet at Prospect Park parking lot 299 Prospect Street, Leominster

Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. 1.5-miles, easy hike.

#### Sunday, August 18th Lynde Basin Trail, also known as the Wekepeke Trail

#### 1:00 p.m.

**Leader:** Neal Wynne **Location:** Meet at Barrett Park Parking lot and carpool to the small parking area 88-70 Heywood Rd, Sterling.

Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them. 3-miles, moderate hike.