



# LEOMINSTER

## Recreation Department



SPRING 2024  
Registration Begins  
March 12th

# DEPARTMENT INFORMATION

## MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

## STAFF

Lisa Comeau, Director

Nick Abruzzi, Assistant Director

Douglas Munroe Jr., Maintenance Supervisor

Deborah Mathieu, PT Program Assistant/Office Support

Christina O'Connor, Recreation Supervisor

Connie Breed, Bookkeeper

## OFFICE

Leominster Recreation Department

40 Barrett Parkway, Leominster, MA 01453

Hours: Monday-Wednesday & Friday, 8:30 a.m.

- 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m.

Phone: 978 534-7529 Fax: 978-534-7549

Mail: Leominster Recreation Department

25 West Street, Leominster, MA 01453

E-mail: [recdept@leominster-ma.gov](mailto:recdept@leominster-ma.gov)

Website: [www.leominster-ma.gov](http://www.leominster-ma.gov)

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

## GENERAL INFORMATION

It is our goal to offer quality recreational activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

## FACILITY LOCATIONS

<b>Doyle Field</b>	<b>206 Priest Street</b>
<b>Doyle Tennis Courts</b>	<b>171 Priest Street</b>
<b>Barrett Park</b>	<b>40 Barrett Parkway</b>
<b>Arthur A. Fournier Park</b>	<b>525 Litchfield Street</b>
<b>Prospect Park</b>	<b>321 Prospect St.</b>
<b>Carter Park</b>	<b>125 Main Street</b>
<b>Fay Scharmett Memorial Playground</b>	<b>300 Merriam Ave.</b>
<b>Third Street Playground</b>	<b>163 Third Street</b>
<b>Southeast Playground</b>	<b>95 Viscoloid Ave.</b>
<b>Johnson Street Park</b>	<b>101 Johnson Street</b>
<b>Bennett School</b>	<b>145 Pleasant Street</b>
<b>Priest St. School</b>	<b>115 Priest Street</b>
<b>Fallbrook School</b>	<b>25 DeCicco Dr.</b>
<b>Frances Drake School</b>	<b>95 Viscoloid Ave.</b>
<b>Johnny Appleseed School</b>	<b>845 Main Street</b>
<b>Northwest School</b>	<b>45 Sterns Ave.</b>
<b>Samoset School</b>	<b>100 DeCicco Dr</b>
<b>Sky View Middle School</b>	<b>500 Kennedy Way</b>
<b>Leominster High School</b>	<b>122 Granite Street</b>
<b>Carter Jr. High Field</b>	<b>261 West Street</b>
<b>Lassie League Fields</b>	<b>20 Bassett Street</b>
<b>Bachand Little League Field</b>	<b>140 12<sup>th</sup> Street</b>
<b>National Little League</b>	<b>45 Sterns Ave.</b>
<b>Justin DeSantis Little League</b>	<b>40 Bernice Ave.</b>
<b>Leominster State Pool</b>	<b>111 Viscoloid Ave.</b>

**NO Smoking, NO Littering, NO Drinking and NO Drugs on Recreation and School Property. FINES WILL BE IMPOSED!**  
**NO Dogs are allowed at Barrett Park or any fenced in playing area.**

## RECREATION COMMISSIONERS

Maureen Donatelli, Chair

Jeff O'Neill, Vice Chair

Thomas Bissonnette, Douglas Cormier

Theresa McEwen, Peggy Stephenson



Follow Leominster Recreation Department on Facebook and Instagram



# DEPARTMENT NEWS

## Did you know that we recently completed the installation of an accessible playground at Barrett Park?

There is plenty to enjoy at this nature inspired playground, including:

- Play structures for ages 2-5 and 5-12
- An inclusive wheelchair accessible swing set
- Several chess tables and granite benches
- Outdoor sand volleyball court
- A sensory play wall, Climbing Wall, Slide and more!

Chess, checker pieces, and a volleyball are available in the office to borrow during office hours.



**Be sure to come check it out this Spring!**

We are continually assessing and making plans to improve community parks and facilities.

Stay tuned for more information on...

**Upgrades to Prospect Park  
321 Prospect Street**

# MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or disability, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. The Leominster Recreation Department will work with families to make accommodations or recommend a program that will ensure a safe and successful experience.

## REGISTRATION INFORMATION AND POLICIES

Registrations begin on March 12, 2024. Our office hours are Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday until 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs.

**\*\*NOTE: ALL OF OUR PROGRAMS ARE NOT FREE\*\***

Register online at <https://leominsterma.myrec.com/info/default.aspx> or in the office at 40 Barrett Parkway, Leominster.

Registration closes a week before the program begins or once programs are full. If you do not receive an email receipt back after you register, then your registration is not complete and will not be added to the program until the registration is completed.

**\*\*\*No registrations will be accepted after the deadlines.**

Non-residents wishing to register for a program will be allowed only if space permits, with a \$20.00 increase in fee.

***ALL registrations are non-refundable unless the Recreation Department cancels a program.***

***\*A \$20 processing fee will be charged if a refund becomes necessary.***

***\*There is a \$25 service charge for all returned checks.***

***Please make note of these important policies.***

# FREE ATTRACTION PASSES AVAILABLE

ALL PASSES MUST BE RETURNED WITHIN 24 HOURS OF PICKUP TIME

## TOWER HILL BOTANIC GARDEN PASS

11 French Drive, Boylston

### FREE DAY PASS FOR UP TO 3 PEOPLE

Visit Tower Hill in Boylston all four seasons to view their exquisite gardens, shop in the garden store, hike the trails, take in an event, educational seminar or picnic on the grounds with magnificent views. Open Daily from 10am-5pm. Email the Recreation Dept. to reserve your pass with the day and time you'd like to visit.

## DCR STATE PARKS PASS

### FREE DAY PASS FOR 1 VEHICLE

Leominster residents can borrow a 2024 MA Parks pass free of charge to visit over 50 facilities in the Massachusetts State Parks System. This pass entitles the bearer to free parking for one vehicle (excluding buses and passenger vans) but does not guarantee entry. Email or call the Recreation Dept. to reserve your pass with the date you'd like to visit. For a list of MA park facilities where Park Passes may be used, please visit [www.mass.gov/dcr](http://www.mass.gov/dcr).

TOWER  
HILL  
BOTANIC GARDEN

dcr  
Massachusetts



ANNUAL PARKING PASS

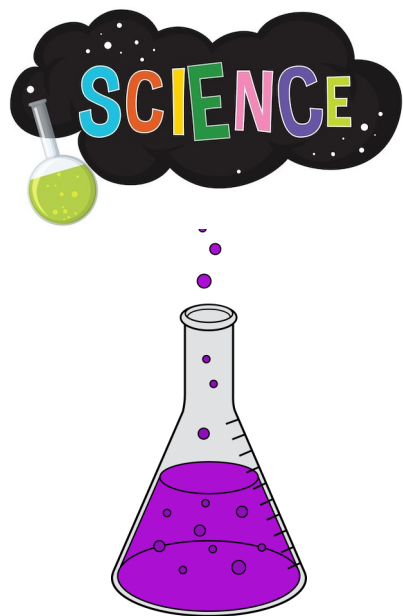
# DOYLE TENNIS & PICKLEBALL

## KEYS TO DOYLE FIELD TENNIS & PICKLEBALL COURTS

Keys for residents: \$30.00 and Non-residents: \$50.00. Keys are available after April 1st at the Recreation Department office. Proof of residency is required for the reduced rate. Identification will be required to obtain a key. (If you do not wish to purchase a key for the season, you may leave a \$30.00 refundable deposit for 24 hours). New keys will be issued annually. Key holders are required to review & abide by the tennis etiquette and court usage rules (provided at registration). For additional information or questions, please call the Recreation Department.



# FAMILY ACTIVITIES



## TOP SECRET SCIENCE FAMILY NIGHT

Tuesday, April 16th 5:30-7:00 p.m.

Ages 5-Adult

Come join this very cool and fun program! Over the past 26 years, Top Secret Science ([www.TopSecretScience.org](http://www.TopSecretScience.org)) has worked hands-on with over 1.5 million children. Each family will explore 5-6 weird and wacky hands-on science experiments and will make and take home all of these projects. The scientists are fast paced and funny, and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions, crazy chemistry, crystals, and science magic. Be prepared for lots of fun stuff. A wonderful 1 ½ hours of science. Hope to see you there!! **Please register your child. All children must be accompanied by an adult. Pre-Registration is required.**

**Location: City Hall Tata Auditorium**

**Cost: \$10 Res./\$15 Non-Res.**

## FAMILY YOGA NIGHT

Wednesday, April 17th 5:00-5:45 p.m.

All Ages

Family Yoga Night will be a 45 minute yoga class intended for individuals of all ages and yoga backgrounds. During class we will utilize breathing techniques, practice yoga poses, play a yoga game, and finish with relaxation. Prior yoga experience is not necessary and modifications will be offered and encouraged throughout the class to make sure everyone gets what they need. Please wear comfortable clothing and bring a yoga mat, you are also welcome to bring a small towel and/or water bottle if you'd like. Come join us for an evening of mindful movement! **All children must be accompanied by a participating adult. Pre-Registration is not required.**

**Location: City Hall Tata Auditorium**

**Cost: FREE**

## FAMILY BINGO NIGHT

Tuesday, April 23rd, 5:30-7:00 p.m.

All Ages

Join us for a family night filled with fun. Our Family Bingo Night is a great way to have a night out and spend quality time with family. Play is not only for amusement but also for a chance to win fun prizes! **All children must be accompanied by a participating adult. Pre-Registration is required for all participants.**

**Location: City Hall Tata Auditorium**

**Cost: \$5 Res./\$10 Non-Res.**



# FAMILY ACTIVITIES



## FISHING DERBY

**Saturday, April 27th 7:00-11:00 a.m.**

**Ages 14 and under**

Join us for our annual fishing derby for youth ages 14 and younger; children under 12 years of age must be accompanied by an adult. Please bring a bucket for fish caught and a bait container. There is a three trout limit. The derby is sponsored by the Leominster Recreation Department, local businesses, contractors, and The Massachusetts Division of Fisheries and Wildlife. A great weekend activity! Prizes awarded at 11:15 a.m.

**Pre-Registration not required. Just check in that morning in the Program Building prior to fishing.**

**Location: Pond at Barrett Park**

**Cost: FREE**

## BOUNDLESS ADVENTURES FAMILY BUS TRIP



**Saturday, May 4th 9:30 a.m.– 2:00 p.m. (approx. return)**

**Ages 7-Adult**

Join us for a fun Family Bus Trip to Boundless Adventures! Please note that all children must be accompanied by an adult at all times, please bring a pair of batting or gardening gloves & sneakers or other closed toe shoes are required. The trip will include admission to Boundless Adventures and round trip transportation.

Please remember to bring gloves and signed waivers.

**All children must be accompanied by a paid adult.**

**Meeting Location: Barrett Park**

**Cost: \$40 Res./\$60 Non-Res.**

## FISHING CLINIC

**Wednesday, May 22nd, 5:30-7:30 p.m.**

**All Ages**

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: **This is not a kids only program, but an all-inclusive fishing clinic for anyone of any age that wants to learn how to fish. All children must be accompanied by an adult.**

**Pre-registration required!**

**Location: Pond at Barrett Park**

**Cost: \$10 Res./\$30 Non-Res.**



# PRESCHOOL PROGRAMS



## PRESCHOOL SCIENCE AND SENSORY

Participants will engage in a variety of fun, age appropriate activities that expose them to basic science concepts. Participants will also have opportunities to explore sensory activities, encouraging them to experience the world through the senses of sight, touch, hearing, and smell.

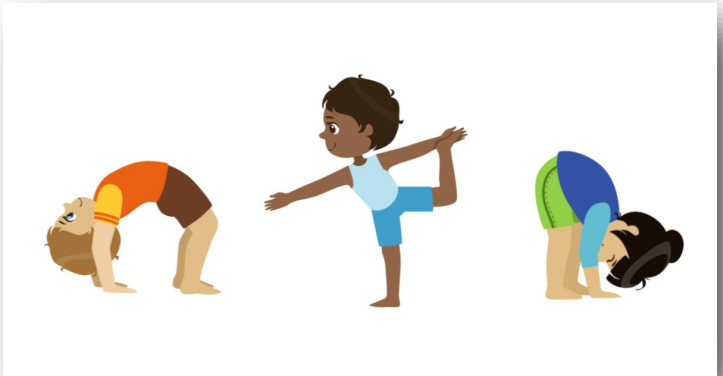
**INSTRUCTOR:** Megan  
**DATES:** April 2– May 14 (6 weeks. No class on April 16)  
**DAYS:** Tuesdays  
**TIME:** 10:00-10:45 a.m.  
**AGES:** 2.9- 5  
**COST:** \$75 Res./\$95 Non-Res.  
**SITE:** Barrett Park Program Building

The logo for Zumbini, featuring the word 'zumbini' in a lowercase, rounded, pink font with a registered trademark symbol.

## PRESCHOOL YOGA

A yoga class for children of all abilities. Participants will learn a variety of breathing techniques, age-appropriate yoga poses, and relaxation techniques, with the goal of increasing self-awareness and developing positive social-emotional skills. Yoga students will learn how skills from their yoga practice can be used to support them in everyday situations, while experiencing the physical benefits of yoga and having fun. Participants should wear comfortable clothing.

**INSTRUCTOR:** Megan  
**DATES:** April 2– May 14 (6 weeks. No class on April 16)  
**DAYS:** Tuesdays  
**TIME:** 11:00– 11:45 a.m.  
**AGES:** 2.9- 5  
**COST:** \$75 Res./\$95 Non-Res.  
**SITE:** Barrett Park Program Building



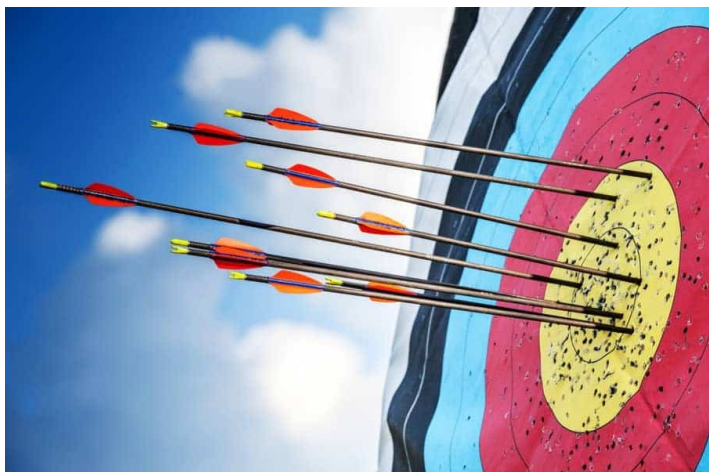
## PRESCHOOL ZUMBINI

Zumbini is a music and movement program for a caregiver and young child. (4 months - 4 years) Caregivers and children participate together, singing, dancing, and playing instruments, all while experiencing the many benefits that movement and music have to offer! Zumbini classes allow caregivers and children opportunities to bond, and build social-emotional, cognitive, and motor skills. Caregivers and children should wear comfortable shoes and clothing.

**INSTRUCTOR:** Megan  
**DATES:** April 5– May 17 (6 weeks. No class on April 19)  
**DAYS:** Fridays  
**TIME:** 10:00-10:45 a.m.  
**AGES:** 4mo.-4yrs.  
**COST:** \$75 Res./\$95 Non-Res.  
**SITE:** Barrett Park Program Building



# YOUTH PROGRAMS



## YOUTH AND ADULT ARCHERY

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructor.

**INSTRUCTOR:** On The Mark Archery  
**DATES:** April 27-May 18 (4 weeks)  
**DAYS:** Saturdays  
**TIME:** 4:00-5:00 p.m.  
**AGES:** Ages 9– Adult  
**COST:** \$155 Res./\$175 Non-Res.  
**SITE:** Barrett Park

## ARTS 'R' US

Bring out your inner artist with our fun youth art program! Each week will be filled with fun and exciting art activities like air dry foam clay, painting and more.

**INSTRUCTOR:** Christina  
**DATES:** April 3- May 15th (6 weeks. No class on April 17)  
**DAYS:** Wednesdays  
**TIME:** 4:00– 5:15 p.m.  
**AGES:** Ages 7-11  
**COST:** \$50 Res./\$70 Non-Res.  
**SITE:** Barrett Park Program Building

## YOUTH GOLF LESSONS

These golf lessons will consist of four one-hour lessons designed to introduce golf fundamentals to players of all levels. Rob Brand will be leading our golf instruction and he comes to us following a very successful ten years in the golf industry as a Class A PGA professional. The lessons will focus on the basics of short game skills such as putting and chipping as well as working on your full swing. Please bring your own golf clubs. Limited golf clubs will be available if needed.

**INSTRUCTOR:** Rob Brand  
**DATES:** May 1– May 22 (4 weeks)  
**DAYS:** Wednesdays  
**TIME:** 5:30-6:30 p.m.  
**AGES:** Ages 9-13  
**COST:** \$140 Res./\$160 Non-Res.  
**SITE:** Monoosnoc Country Club

## STREET HOCKEY

In this program, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team building exercises. All players will learn how to pass, shoot, defend, and work as a team. Pickup games will be played with boys and girls being divided into teams by age. Hockey is a great team sport that develops hand-eye coordination, balance, and agility. All playing ability is welcomed. Bring your own sticks or one will be provided for you. A mouth guard is also recommended.

**INSTRUCTOR:** Trevor  
**DATES:** April 1– May 13 (6 weeks. No class April 15)  
**DAYS:** Mondays  
**TIME:** 6:00-7:15 p.m.  
**AGES:** 10-13  
**COST:** \$40 Res./\$60 Non-Res.  
**SITE:** Fournier Basketball Courts



# YOUTH PROGRAMS

## TENNIS IN THE PARKS



<b>AGES 11-13</b>	<b>GREEN BALL</b>	Sundays 2:00-3:00 p.m.
<b>AGES 8-10</b>	<b>ORANGE BALL</b>	Sundays 3:00-4:00 p.m.
<b>AGES 6-7</b>	<b>RED BALL</b>	Sundays 4:00-5:00 p.m.

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket!

**INSTRUCTOR:** Led by an approved USTA Net Generation tennis coach

**DATES:** April 28– June 9 ( 6 weeks. No classes on May 26)

**COST:** \$75 Res./\$95 Non-Res.

**SITE:** Doyle Tennis Courts



## YOUTH MULTI-SPORTS WITH SKYHAWKS

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Each week will focus on one specific sport with 3-4 sports being covered over the course of the program. Participants should bring a water bottle and wear appropriate athletic attire.

**INSTRUCTOR:** Skyhawks

**DATES:** May 3– June 7 (6weeks)

**DAYS:** Fridays

**TIME:** 5:30-6:45 p.m.

**AGES:** Ages 7-12

**COST:** \$105 Res./\$125 Non-Res.

**SITE:** Barrett Park



## YOUTH VOLLEYBALL WITH SKYHAWKS

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginning and intermediate player and will incorporate essential life lessons such as teamwork and sportsmanship.

**INSTRUCTOR:** Skyhawks

**DATES:** May 3– June 7 (6 weeks)

**DAYS:** Fridays

**TIME:** 4:00– 5:15 p.m.

**AGES:** 10-14

**COST:** \$105 Res./\$125 Non-Res.

**SITE:** Barrett Park Outdoor Sand Volleyball Court

# YOUTH PROGRAMS

## ROBOTHINK GO-KARTS WORKSHOP

Get ready to feel the need for speed at the Go Kart Races Workshop! Students will embark on an exhilarating journey as they build and customize their very own Go Karts. Once their creations are ready, its time to hit the racetrack and compete against their fellow classmates. With gears, motors, axels, RoboThink's proprietary hardware, and an array of exciting builds and competitions, the quest to become the Ultimate RoboThink Racer begins! No prior experience required-just buckle up, hold tight, and let the racing adventure unfold!

**INSTRUCTOR:** RoboThink  
**DATE:** Friday, April 19, 2024  
**TIME:** 4:00– 5:30 p.m.  
**AGES:** Ages 7-12  
**COST:** \$35 Res./\$55 Non-Res.  
**SITE:** Barrett Park Program Building

## ROBOTHINK MECHANICAL CONTRAPTIONS WORKSHOP

Step into the realm of engineering brilliance at the Mechanical Contraptions Workshop! Prepare to be amazed as students are introduced to a diverse range of engineering concepts that will ignite their curiosity and peek their creativity. With a focus on kinetic and potential energy, gear ratios, motion transfer and more, participants will dive into a captivating world of STEM education. No prior experience required-just come with an open mind, a thirst for knowledge, and get ready to embark on an incredible journey of learning and discovery!

**INSTRUCTOR:** RoboThink  
**DATE:** Friday, April 19, 2024  
**TIME:** 5:45-7:00 p.m.  
**AGES:** Ages 7-12  
**COST:** \$35 Res./\$55 Non-Res.  
**SITE:** Barrett Park Program Building

# SPRING BREAK

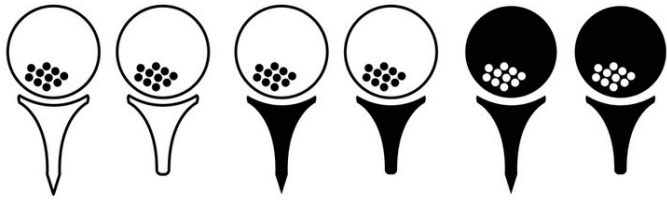
## APRIL VACATION PROGRAM with CHALLENGE ISLAND and LEOMINSTER RECREATION

Each day will be new challenges including Slimetopia, where you will learn the science of slime and design your own Slime Factory. Arcade Mania, where you and your STEAM Team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of low-tech STEAM challenges created with game-loving kids in mind! Petz Palooza, you'll even get to adopt adorable pretend pets of your own and create habitats to match their needs and personalities and Super STEAM Hero, where you and your Super STEAM Team will channel your extraordinary powers into a universe of challenges inspired by your favorite Super STEAM Hero characters. After Challenge Island and lunch wraps up, we'll continue our fun week with board games, arts and crafts and a movie on Friday! We will also have fun at the new playground at Barrett Park, weather dependent. Participants are asked to bring their own snack, lunch and water bottle. Please note that **all programs are peanut and nut free.**



**INSTRUCTOR:** Challenge Island & Recreation Staff  
**DATES:** April 16-19  
**DAYS:** Tuesday-Friday  
**TIME:** 9:00 a.m.– 3:00 p.m.  
**AGES:** Ages 6-9  
**COST:** \$115 (Residents only)  
**SITE:** Barrett Park Program Building

# TEEN & ADULT PROGRAMS



## APRIL VACATION TEEN AND ADULT GOLF CLINIC

These golf lessons will consist of three one-hour lessons designed to introduce golf fundamentals to players of all levels. Rob Brand will be leading our golf instruction and he comes to us following a very successful ten years in the golf industry as a Class A PGA professional. The lessons will focus on the basics of short game skills such as putting and chipping as well as working on your full swing. Please bring your own golf clubs. Limited golf clubs will be available if needed.

**INSTRUCTOR:** Rob Brand  
**DATES:** April 16-April 18  
**DAYS:** Tuesday-Thursday  
**TIME:** 10:00-11:00 a.m.  
**AGES:** 14 thru Adult  
**COST:** \$140 Res./\$160 Non-Res.  
**SITE:** Monoosnoc Country Club

## YOUTH AND ADULT ARCHERY

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructor.

**INSTRUCTOR:** On The Mark Archery  
**DATES:** April 27-May 18 (4 weeks)  
**DAYS:** Saturdays  
**TIME:** 4:00-5:00 p.m.  
**AGES:** 9 thru Adult  
**COST:** \$155 Res./\$175 Non-Res.  
**SITE:** Barrett Park

## TEEN AND ADULT GOLF LESSONS

These golf lessons will consist of four one-hour lessons designed to introduce golf fundamentals to players of all levels. Rob Brand will be leading our golf instruction and he comes to us following a very successful ten years in the golf industry as a Class A PGA professional. The lessons will focus on the basics of short game skills such as putting and chipping as well as working on your full swing. Please bring your own golf clubs. Limited golf clubs will be available if needed.

**INSTRUCTOR:** Rob Brand  
**DATES:** April 29-May 20 (4 weeks)  
**DAYS:** Mondays  
**TIME:** 5:30-6:30 p.m.  
**AGES:** 14 thru Adult  
**COST:** \$140 Res./\$160 Non-Res.  
**SITE:** Monoosnoc Country Club

## TEEN AND ADULT HEALTH AND SAFETY CPR/AED CLASS

This CPR/AED training will teach participants the necessary skills for responding in an emergency. This class is designed for anyone that is interested in being certified to administer CPR/AED care. The skill demonstration will take place the night of the in-person class. Participants that complete the class will receive a certification valid for two years through ASHI.

**INSTRUCTOR:** Nick Abruzzi  
**DATES:** April 10  
**DAYS:** Wednesday  
**TIME:** 5:00-7:00 p.m.  
**AGES:** 14 thru Adult  
**COST:** \$30 Res./\$50 Non-Res.  
**SITE:** Barrett Park  
Program Building



# ADULT PROGRAMS

## INTRO. TO PICKLEBALL (Beginner)

Introductory pickleball clinic for adults looking to learn the fastest growing sport in the United States. This clinic will provide an introduction of pickleball that includes basic fundamentals, terminology, etiquette and rules of play. Equipment will be provided.

**INSTRUCTOR:** Ben

**DATES:** April 1– May 13  
(6 weeks. No Class on April 15)

**DAYS:** Mondays

**TIME:** 6:00-7:15 p.m.

**AGES:** Adults 18 +

**COST:** \$50 Res./\$70 Non-Res.

**SITE:** Skyview Middle School Gym



## INTRO. TO PICKLEBALL (Intermediate)

Intermediate pickleball clinic for adults looking to sharpen their skills for the fastest growing sport in the United States. Equipment will be provided.

**INSTRUCTOR:** Ben

**DATES:** April 1– May 13  
(6 weeks. No Class on April 15)

**DAYS:** Mondays

**TIME:** 7:15– 8:30 p.m.

**AGES:** Adults 18 +

**COST:** \$50 Res./\$70 Non-Res.

**SITE:** Skyview Middle School Gym

## FUN FITNESS WITH KATHI TEW

Come spend one hour twice a week working out and having fun! The hour is split between cardio training and large muscle training. You will need a good pair of sneakers, an exercise mat, hand weights and water. The weights should be 2 – 3 pounds (women) 5 pounds (men). If you have been exercising you may use 5 – 9 pounds (women) and 10-20 for men. Everything can be modified based on your level of fitness. Please come try it out!

**INSTRUCTOR:** Kathi Tew

**DATES:** April 23– May 30 (6 weeks)

**DAYS:** Tuesdays and Thursdays

**TIME:** 5:30-6:30 p.m.

**AGES:** 18+

**COST:** \$85/\$105

**SITE:** Barrett Park Program Building

## YOGA

Come relax your mind, strengthen your body, improve balance, and release tension in this 60 minute Hatha yoga practice. Each class will include active and restorative postures, breath work, and guided meditation. Bring a yoga mat, blanket, and a bottle of water. Yoga strap and blocks are optional. All levels welcome!

**INSTRUCTOR:** Marissa Fratoni

**AGES:** 18+

**COST:** \$80/\$100

**SITE:** Barrett Park Program Building

**2 Different days/times to choose from!**

**DAYS:** Mondays , April 1 - May 13 (6 weeks. No class on April 15)

**TIME:** 6:00-7:00 p.m.

**DAYS:** Wednesdays, April 3 - May 15 (6 weeks. No class on April 17)

**TIME:** 11:30-12:30 p.m.

## ADULT CRAFTING SERIES

Join us for a fun evening of Adult crafting! Each class we'll work on something different, from acrylic painting to seasonal crafts!

**INSTRUCTOR:** Christina

**DATES:** April 8, May 6, May 20, June 3

**DAYS:** Mondays

**TIME:** 6:00-7:30 p.m.

**AGES:** 18+

**COST:** \$50 Res./\$70 Non-Res.

**SITE:** Barrett Park Office Building

## WOMEN'S VOLLEYBALL

Join us for well-organized pickup sand volleyball. This is the perfect way to meet new people and get some playing time without the commitment of a league. We make teams on site so you can sign up by yourself or with friends. All skill levels are welcome.

**CONTACT PERSON:** Julie Bergstrand

**DATES:** May 8– June 12 (6 weeks)

**DAYS:** Wednesdays

**TIME:** 6:00– 8:00 p.m.

**AGES:** 18+

**COST:** \$30 Res./\$50 Non-Res.

**SITE:** Barrett Park Sand Volleyball Court



# RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS SPRING HIKING SERIES

In this Hiking Series you will explore various Leominster Trails and out of town sites once a month.

Hikes are led by members of the Leominster Trail Stewards and are no more than 3 miles.

Wear hiking boots, bring water to drink, a light snack, bug repellent, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring, if you have them. Bring a flashlight or headlamp for night hikes.

**COST:** Free (unless noted) -*Hikers gather informally and hike at their own risk.*

**CANCELLATIONS:** Hikes are cancelled if it rains or if we do not have at least 5 people signed up.

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather.

Call the Recreation Department at 978-534-7529 for any updates.

**THURSDAY, APRIL 18TH: 4:00 p.m.**

## **SPRING EPHEMERAL WALK**

**Leader:** Nick Kremp

**Location:** Johnny Appleseed State Park

Ring in the new Spring season by coming out to see some of our earliest Spring flowers!

**FRIDAY, APRIL 26TH: 1:00 p.m.**

## **BARRETT PARK CONNECTION WITH NATURE**

**Leaders:** Deb Giovannucci and Anne Seed

**Location:** Barrett Park 40, Barrett Parkway

Come explore your connection with nature. Utilize all your senses while walking an accessible trail around Colburn Pond at Barrett Park (0.55 miles) Invitation to all abilities including those with mobility devices.

**THURSDAY, MAY 2ND: 4:00 p.m.**

## **SPRING ESKER HIKE**

**Leader:** Nick Kremp

**Location:** Elm Street (parking pull off across from Morse Reservoir)

Explore a unique geological feature known as an esker which reveals Leominster's glacial history while taking in stunning Spring flowers! **IMPORTANT: Moderately difficulty trail with uneven terrain and some elevation.**

**THURSDAY, MAY 23RD: 4:00 p.m.**

## **MOUNTAINTOP WALK**

**Leader:** Nick Kremp

**Location:** Parmenter St. (parking lot off of Elm Street)

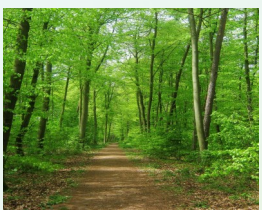
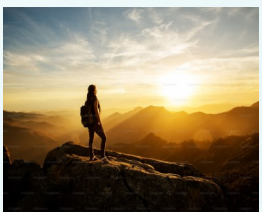
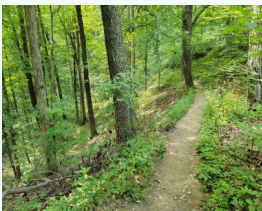
Come learn about the species of plants growing on New England's hilltops, including Massachusetts's own state flower!

**SATURDAY, MAY 25TH: 10:00 a.m.**

## **BAYBERRY HILL LOOP**

**Leader:** Neal Wynne

**Location:** Meet at Barrett Park Parking lot and carpool to Haynes Reservoir Gate on Elm Street. 2-miles, moderate hike. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.



# RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS TRAILS INFORMATION



Leominster Rec Dept Trails

If you enjoy hiking the Leominster trails and would like to volunteer in their maintenance, we have two options in which you can help the Leominster Trail Stewards:

**OPTION ONE:** Trail workdays are scheduled on Saturday mornings from 8am-12noon in a select area that needs our efforts. These work days are organized by Dick O'Brien. If you are interested in volunteering, email Dick at [dobrien578@gmail.com](mailto:dobrien578@gmail.com).

**OPTION TWO:** become a Volunteer Trail Adopter to help maintain a specific segment of trail on your determined schedule. If you are interested in becoming an adopter, contact Anne Seed at [anneseed8@gmail.com](mailto:anneseed8@gmail.com). A copy of the Leominster Trail Steward's [Trail Adopter's Handbook](#) can be found on the Recreation Department website.

If you would like to join the Leominster Trail Stewards committee, contact Neal Wynne at [nwynne51@gmail.com](mailto:nwynne51@gmail.com).

Trail maps can also be found on our website at <https://www.leominster-ma.gov/395/Trails-Hiking-Information-Maps>

To register for a hike, go to <https://leominsterma.myrec.com/info/default.aspx>

For questions on the hikes, contact Dick O'Brien, Neal Wynne or Anne Seed with their emails above or Judith Sumner at [jsumner55@msn.com](mailto:jsumner55@msn.com).

