LEOMINSTER RECREATION DEPARTMENT

Winter 2024



Registration begins December 12th



DEPARTMENT INFORMATION

MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

STAFF

Lisa Comeau, Director

Nick Abruzzi, Assistant Director

Douglas Munroe Jr., Maintenance Supervisor

Deborah Mathieu, PT Program Assistant/Office Support

Support

Christina O'Connor-Rice, Recreation Supervisor

Connie Breed, Bookkeeper

OFFICE

Leominster Recreation Department 40 Barrett Parkway, Leominster, MA 01453 Hours: Monday-Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m. Phone: 978 534-7529 Fax: 978-534-7549

Mail: Leominster Recreation Department 25 West Street, Leominster, MA 01453

E-mail: recdept@leominster-ma.gov Website: www.leominster-ma.gov

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc

GENERAL INFORMATION

It is our goal to offer quality recreational activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

FACILITY LOCATIONS

Doyle Field	206 Priest Street
Doyle Tennis Courts	171 Priest Street
Barrett Park	40 Barrett Parkway
Arthur A. Fournier Park	525 Litchfield Street
Prospect Park	321 Prospect St.
Carter Park	125 Main Street
Fay Scharmett Memorial Playground	300 Merriam Ave.
Third Street Playground	163 Third Street
Southeast Playground	95 Viscoloid Ave.
Johnson Street Park	101 Johnson Street
Bennett School	145 Pleasant Street
Priest St. School	115 Priest Street
Fallbrook School	25 DeCicco Dr.
Frances Drake School	95 Viscoloid Ave.
Johnny Appleseed School	845 Main Street
Northwest School	45 Sterns Ave.
Samoset School	100 DeCicco Dr
Sky View Middle School	500 Kennedy Way
Leominster High School	122 Granite Street
Carter Jr. High Field	261 West Street
Lassie League Fields	20 Bassett Street
Bachand Little League Field	140 12 th Street
National Little League	45 Sterns Ave.
Justin DeSantis Little League	40 Bernice Ave.
Leominster State Pool	111 Viscoloid Ave.

NO Smoking, NO Littering, NO Drinking and NO Drugs on Recreation and School Property. FINES WILL BE IMPOSED! NO Dogs are allowed at Barrett Park or any fenced in playing area.

RECREATION COMMISSIONERS

Maureen Donatelli, Chair Jeff O'Neill, Vice Chair

Thomas Bissonnette, Douglas Cormier

Theresa McEwen, Peggy Stephenson





MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or disability, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. The Leominster Recreation Department will work with families to make accommodations or recommend a program that will ensure a safe and successful experience.

REGISTRATION INFORMATION AND POLICIES



Registration begins on December 12, 2023 for residents and December 19th for non-residents.

Our office hours are Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m.,
and Thursday from 8:30 a.m. - 5:30 p.m. Registrations are done on a first come first served basis
with priority given to Leominster residents. The Recreation Department reserves the right to
cap the registrations for any program based on availability of personnel, facilities, or any
other factors affecting the programs.

NOTE: ALL OUR PROGRAMS ARE NUT FREE

Register online at https://leominsterma.myrec.com/info/default.aspx or in the office at 40 Barrett Parkway, Leominster.

Registration deadlines are set a week or more before the program begins and end once programs are full. If you do not receive an email receipt back after you register, then your registration is not complete and will not be added to the program until the registration is completed.

*** No registrations will be accepted after the deadlines.

Non-residents wishing to register for a program will be allowed only if space permits, with a \$20.00 increase in fee.

ALL registrations are non-refundable unless the Recreation Department cancels a program.

*A \$20 processing fee will be charged if a refund becomes necessary.

*There is a \$25 service charge for all returned checks.

Please make note of these important policies.

PASSES AVAILABLE TO BORROW



TOWER HILL BOTANIC GARDEN PASS

11 French Drive, Boylston

FREE DAY PASS FOR UP TO 3 PEOPLE

Visit Tower Hill in Boylston all four seasons to view their exquisite gardens, shop in the garden store, hike the trails, take in an event, educational seminar or picnic on the grounds with magnificent views. Open daily from 10am-5pm. Passes are available on a first come first served basis.

DCR STATE PARKS PASS



FREE DAY PASS FOR 1 VEHICLE

Leominster residents can borrow a 2023/24 MA Parks pass free of charge to visit over 50 facilities in the Massachusetts State Parks System. This pass entitles the bearer to free parking for one vehicle (excluding buses and passenger vans) but does not guarantee entry. The pass is available on a first come first served basis. For a list of MA park facilities where Park Passes may be used, please visit www.mass.gov/dcr.

PRESCHOOL PROGRAMS

PRESCHOOL SCIENCE & SENSORY

Participants will engage in a variety of fun, age appropriate activities that expose them to basic science concepts. Participants will also have opportunities to explore sensory activities, encouraging them to experience their world through the senses of sight, touch, hearing, and smell.

INSTRUCTOR: Megan Simpson

DATES: January 9 - February 13, 2024 (6 weeks)

DAY: Tuesdays

TIME:10:00am - 10:45am

AGES: 2.9-5

COST: \$75 Res./\$95 Non-Res.

SITE: Barrett Park Program

Building



PRESCHOOL ZUMBINI

Zumbini is music and movement class for a caregiver and young child. (4 months - 4 years) Caregivers and children participate together, singing, dancing, and playing instruments, all while experiencing the many benefits that movement and music have to offer! Zumbini classes allow caregivers and children opportunities to bond, and build social-emotional, cognitive, and motor skills. Caregivers and children should wear comfortable shoes and clothing.

INSTRUCTOR: Megan Simpson

DATES: January 12 - February 16, 2024

(6 weeks)

DAY: Fridays

TIME: 10:00am - 10:45am

AGES: Caregiver and young child

(4 months-4 years)

COST: \$75 Res./\$95 Non-Res.

SITE: Barrett Park Program Building

YOUTH PROGRAMS

FROSTY FUN YOUTH ART PROGRAM

Each week will be filled with fun and exciting Winter themed art activities like homemade puffy paint, friendship bracelet making, and marshmallow crafts. For the last day we'll be making "exploding Color T-shirts, doodles and designs diffuse into explosions of color on totally cool t-shirts. Magical!

Participants please bring a white t-shirt on February 14th.

DATES: January 10 - February 14, 2024 (6 weeks)

DAY: Wednesdays

TIME: 4:00pm - 5:15pm

AGES: 6-9

COST: \$55 Res./\$75 Non-Res.

SITE: Barrett Park Program Building



AFTER SCHOOL STEAM PROGRAM with Challenge Island

Pack your suitcases for Challenge Island's World Tour! You and a STEAM Team of friends will engineer your way around the globe - from the Eiffel Tower to Sydney Harbor Bridge to the Taj Mahal to Mt. Kilimanjaro. You'll design an African safari, Antarctic penguin toboggans and even stir up some Colombian STEAMbucks coffee slime. An unforgettable journey across oceans and continents, this glove-trotting island is a not to be missed Challenge Island Adventure!

<u>DATES:</u> January 12 - March 1, 2024 (6 weeks)

(No classes on January 19th or February 23rd)

DAY: Fridays

TIME: 4:00pm - 5:00pm

AGES: 6-9

COST: \$130 Res./\$150 Non-Res. **SITE:** Barrett Park Program Building







BABYSITTING CLASS

Are you interested in becoming a certified babysitter? You will learn how to handle certain emergency situations, basic first aid/cpr, and provide activities for children. This class includes a variety of teaching methods, including active discussion, a video and role playing, with materials provided by Smart Kids 101. Taught by Heather Welch, RN, owner of Welch Health Services, LLC. Must complete both days in their entirety in order to receive certification. Please bring a drink, snack and doll or stuffed toy to each class.

Participants will receive a Safe Sitter booklet.

DATES: March 4 & 6, 2024 DAYS: Monday & Wednesday

TIME: 5:00pm - 7:30pm

AGES: 12-17

<u>COST:</u> \$90 Res./\$110Non-Res. SITE: Barrett Park Program Building

FLEECE THROW BLANKET WORKSHOP

Join us for a fun and relaxing afternoon creating your own no-sew fleece throw blanket! All materials are included and will be a seasonal pattern!

DATES: Wednesday, February 28, 2024

TIME: 4:00pm-6:00pm

AGES: 10-13

COST: \$20 Res./\$40 Non-Res.

SITE: Barrett Park Program Building



YOUTH PROGRAMS



TOP SECRET SCIENCE HANDS-ON CRAZY CHEMISTRY

Come join this very cool and fun Saturday morning program! During this 3 hour program the kids will explore up to 15 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. The scientists are fast paced and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too like problem solving, critical thinking and science reasoning skills). We will explore chemistry and make projects like crystals, instant snow, Floam, ocean waves, magic sand, jelly marbles, etc. Be prepared for lots of fun stuff. It is a wonderful 3 hours of science. Hope to see you there!!

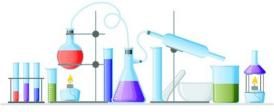
DATE: Saturday, March 16, 2024

TIME: 9:00am-12:00pm

AGES: 6-10

COST: \$55 Res./\$75 Non-Res.

SITE: Barrett Park Program Building



YOUTH INDOOR VOLLEYBALL with Skyhawks

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it together into one funfilled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginning and intermediate player and will incorporate essential life lessons such as teamwork and sportsmanship.

DATES: January 13-February 17, 2024 (6 weeks)

DAY: Saturdays

TIME: 10:00am-11:15am

AGES: 9-12

COST: \$105 Res./\$125 Non-Res.

SITE: Francis Drake Elementary School gym



YOUTH INDOOR PICKLEBALL with Skyhawks

Pickleball combines elements of tennis, badminton, and ping-pong into a fun new court game! Our curriculum is designed for first-time players, but also challenging enough for more competitive play. Participants will learn the rules of Pickleball, along with basic skills and strategies of play. Participants with their own paddles are encouraged to bring them but equipment will be provided if needed. Please dress in athletic clothing and bring plenty of water.

DATES: January 13-February 17, 2024 (6 weeks)

DAY: Saturdays

SITE: Francis Drake Elementary School gym

Ages 9-12

TIME: 11:30am-12:45pm

COST: \$105 Res./\$125 Non-Res.

Ages 6-8

TIME: 1:00pm-2:00pm

COST: \$95 Res./\$115 Non-Res.



YOUTH ACTIVITIES FOR EARLY RELEASE AND PROFESSIONAL DEVELOPMENT DAYS

WINTER WHIRL - CRAFTS & ICE SKATING (Professional Development Day)

Join your friends for a day of laughter and games as we dive into board game fun, artsy masterpieces, and a trip to take a glide on the ice at the Wallace Civic Center! Please provide water, a peanut/nut free snack and lunch for your child.

Leominster Residents Only!

DATE: Wednesday, January 24, 2024

TIME: 9:00pm-3:00pm

AGES: 8-11

COST: \$60 Residents Only

SITE: Barrett Park Program Building

ROCK CLIMBING TRIP (Early Release Day)

Take on an indoor adventure! Join us for a trip to MetroRock Littleton. This is a full-service indoor rockclimbing facility, featuring bouldering, top rope, and lead climbing! Great for first timers and experienced climbers!

Leominster Residents Only!

DATE: Wednesday, February 7, 2024

TIME: 12:45–4:15 p.m.

AGES: 8-10

COST: \$40 Residents Only (Includes admission and

bus transportation)

SITE: Drop off and pick up at Barrett Park



TERRIFIC TERRARIUMS with New England BOTANIC GARDEN (Professional Development Day)



Learn about cacti and succulent care by creating a terrarium complete with a live plant, sea glass, sand, marbles, and more.

DATE: Wednesday, March 13, 2024

TIME: 4:00pm-5:15pm

AGES: 7-10

COST: \$30 Res./\$50 Non-Res.

SITE: Barrett Park Program Building



SHARPIE TIE DYE WORKSHOP (Professional Development Day)

Want to create an explosion of color using new tie dye techniques? Join us at Barrett Park for a tie-dye workshop, remember to bring a white t-shirt and we'll supply the rest. The possibilities are endless, and we're excited to see the designs you'll create!

Leominster Residents Only!

DATE: Wednesday, March 13, 2024

COST: \$5 Residents Only

SITE: Barrett Park Program Building

Ages 6-9

TIME: 9:00am-10:30am

Ages 10-13

TIME: 11:00am-12:30pm

TEEN AND ADULT PROGRAMS

TEEN AND ADULT HEALTH AND SAFETY CPR/AED CLASS

This CPR/AED training will teach participants the necessary skills for responding in an emergency. This class is designed for anyone that is interested in being certified to administer CPR/AED care. The skill demonstration will take place the night of the in-person class. Participants that complete the class will receive a certification valid for two years through ASHI.

INSTRUCTOR: Nick Abruzzi

DATE: Thursday, February 15, 2024

TIME: 6:00pm-8:00pm AGES: 14 through Adult

COST: \$30 Res./\$50 Non-Res.

SITE: Barrett Park Program Building





YOGA WITH LINDA SNAY

Move mindfully with gentle, flowing yoga sequences linking breath and movement. Gain strength, balance, and flexibility through standing, seated, and floor based postures. Calm and quiet the mind with guided breathing, meditation, and deep relaxation. All levels welcome. Bring a yoga mat, blanket, and bottle of water.

DATES: January 8-February 26, 2024

(6 Classes) (No Class on Jan. 15 & Feb. 19)

DAYS: Mondays

TIME: 5:30pm-6:30pm

AGES: 18+

COST: \$60 Res./\$80 Non-Res. or \$15 Res. /\$17 Non-

Res. per class

SITE: Barrett Park Program Building

FUN FITNESS WITH KATHI TEW

Come spend one hour twice a week working out and having fun! The hour is split between cardio training and large muscle training. You will need a good pair of sneakers, an exercise mat, hand weights and water. The weights should be 2-3 pounds (women) 5 pounds (men). If you have been exercising you may use 5-9 pounds (women) and 10-20 (men). Everything can be modified based on your level of fitness. Please come try it out!

<u>DATES:</u> Session I: Jan. 9-Feb. 15, 2024 (12 Classes) Session II: March 5-April 11, 2024 (12 Classes)

DAYS: Tuesdays & Thursdays

TIME: 5:30–6:30 p.m.

AGES: 18+

COST: \$75 Res./\$95 Non-Res.

SITE: Barrett Park Program Building

WINTER ADULT CRAFTING SERIES

Join us for this fun and creative Adult Crafting Series! Each month we will be creating different art pieces using different mediums. This is open to participants 18 years and older.

INSTRUCTOR: Christina O'Connor

DATES:

January 22: Sock Snowman

February 5: Mini Pompom Gnomes

February 26: Paint Night March 11: Watercolor Cards

<u>**DAYS:</u>** Mondays **TIME:** 6:00-7:30 p.m.</u>

AGES: Adults 18 +

COST: \$55 Res./\$75 Non-Res.

SITE: Recreation Department Office Building





ADULT PROGRAMS

ADULT PICKLEBALL

Come see why Pickleball is the fastest growing sport in the United States. The beginners session will provide an introduction of pickleball that includes basic fundamentals, terminology, etiquette and rules of play. An intermediate session is being offered for more experienced players. Equipment will be provided.

INSTRUCTOR: Ben Kiwanuka

DATES: January 8-February 26, 2024 (6 Weeks)

(No Classes on Jan. 15 & Feb. 19)

DAYS: Mondays

SESSION I-BEGINNERS-TIME: 6:15pm-7:30pm

SESSION II-INTERMEDIATE-TIME: 7:30pm-8:45pm

AGES: Adults 18 +

COST: \$55 Res./\$75 Non-Res.

SITE: Skyview Middle School Gym

ADULT INDOOR PICK-UP **BADMINTON GAMES**

Join us for an afternoon out and enjoy some adult pickup games of badminton! This is open to participants 18 years and older. Come have fun, be active and meet new people in your community! Games are self-monitored, with some friendly guidance from our program supervisor, Christina. It is also recommended to bring a water bottle.

Pre-registration required!

DATES: January 13-February 17, 2024

DAYS: Saturdays

TIME: 2:00pm-3:30pm

AGES: 18+

COST: \$20 per participant

SITE: Frances Drake Elementary School gym

FAMILY ACTIVITIES

FAMILY BINGO NIGHT

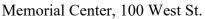
Join us for a family night filled with fun and excitement! Our Family Bingo is a great way to have a night out and spend quality time with family. Play is not only for amusement but also for a chance to win great prizes!

Pre-registration required!

DATE: Wednesday, January 24, 2024

AGES: All

TIME: 5:30pm - 7:00pm **COST:** \$5.00 per person **SITE:** Leominster Veterans









TOP SECRET SCIENCE & MATH **Spectacular Hands-On Family Science Night** www.TopSecretScience.org

Come join this very cool and fun program! Over the past 26 years, Top Secret Science has worked hands-on with over 1.5 million children. Each family will explore 5-6 weird and wacky hands-on science experiments and will make and take home all of these projects. The scientists are fast paced and funny, and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions, crazy chemistry, crystals, and science magic. Be prepared for lots of fun stuff. A wonderful 1½ hours of science. Hope to see you there!!

DATE: Tuesday, February 13, 2024

AGES: All

TIME: 6:30pm-8:00pm COST: \$5.00 per person

SITE: Leominster United Methodist Church, 77 Hall St.

FEBRUARY SCHOOL VACATION PROGRAMS



If you register for both programs, staff will be here from 12pm-1pm to supervise your child during lunch time. Please pack "Nut Free" snacks, lunch if staying, and a water bottle.

FEBRUARY SCHOOL VACATION PROGRAM with CHALLENGE ISLAND



Each day will be new challenges including Slimetopia, where you will learn the science of slime and design your own Slime Factory; Steaming Across the Universe where you will create your own Mission Control Station and soar through

the universe; Xtreme STEAM Sports where you will have a ball learning the science behind the world's most popular sports while engineering your way through a stadium full of sporting events, and learn about the Rainforest while zipping through the jungle's action-packed layers, taking on challenges inspired by the rainforest's awesome animal inhabitants. Come and enjoy the endless adventures!

DATES: February 20-23, 2024

DAYS: Tuesday-Friday **TIME:** 9:00am-12:00pm

AGES: 6-9

COST: \$105 Res./\$125 Non-Res. **SITE:** Barrett Park Program Building



FEBRUARY SCHOOL VACATION PROGRAM

Come and enjoy the four-day February Vacation Program. Sports, arts, crafts, and games are some of the fun activities that will be provided. Please bring snacks and water.

INSTRUCTOR: Christina O'Connor-Rice

DATES: February 20-23, 2024

<u>DAYS:</u> Tuesday-Friday <u>TIME:</u> 1:00pm-4:00pm

AGES: 6-9

COST: \$85 Res./\$105 Non-Res. **SITE**: Barrett Park Program Building



RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS TRAILS INFORMATION







Leominster Rec Dept Trails

If you enjoy hiking the Leominster trails and would like to volunteer in their maintenance, we have two options in which you can help the Leominster Trail Stewards:

Trail workdays are scheduled on Saturday mornings from 8am-12noon in a select area that needs our efforts. These work days are organized by Dick O'Brien. If you are interested in volunteering, email Dick at doctor=1578@gmail.com.

The other opportunity is to become a Volunteer Trail Adopter to help maintain a specific segment of trail on your determined schedule. If you are interested in becoming an adopter, contact Anne Seed at annessed-8@gmail.com. A copy of the Leominster Trail Steward's Trail Adopter's Handbook can be found on the Recreation Department website.

If you would like to join the Leominster Trail Stewards committee, contact Neal Wynne at nwynne51@gmail.com.

Trail maps can also be found on our website at https://www.leominster-ma.gov/395/Trails-Hiking-Information-Maps

To register for a hike, go to https://leominsterma.myrec.com/info/default.aspx

For questions on the hikes, contact Dick O'Brien, Neal Wynne or Anne Seed with their emails above or Judith Sumner at <u>jsumner55@msn.com</u>.



LEOMINSTER RECREATION DEPARTMENT AND LEOMINSTER TRAIL STEWARDS HIKING SERIES

In this Hiking Series you will explore various Leominster Trails and out of town sites once a month. Hikes are led by members of the Leominster Trail Stewards and are no more than 3 miles.

Wear hiking boots, bring water to drink, a light snack, bug repellent, and wear a long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring, if you have them. Bring a flashlight or headlamp for night hikes.

COST: Free (unless noted) -*Hikers gather informally and hike at their own risk.*.

CANCELLATIONS: Hikes are cancelled if it rains or if we do not have at least 5 people signed up.

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather. Call the Recreation Department at 978-534-7529 for any updates.

Saturday, January 6th

Full Moon Hike North Monoosnoc Overlook

Leader: Neal Wynne, Meet at Leominster High School parking lot at 6:00pm, carpool to Granite Street Trailhead. 2-miles, moderate hike. Bring your hiking stick and a headlamp or flashlight. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

Saturday, January 20th

Winter Walk at Barrett Park

Leader: Nick Kremp, Meet at 9:30 am. Winter walk at Barrett Park. Come explore the winter landscape as we look for animal tracks, leaf buds, winter mushrooms, and the other wild things hiding in the snow.

Sunday, February 4th

Snowshoe Hike at Sholan Farms

Leader: Neal Wynne, Meet at 1PM at Sholan Farms Parking Lot.2-miles, moderate hike. Wear appropriate boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Snowshoes and poles are helpful to bring if you have them.

Thursday, February 22nd

Winter Tree Identification at Doyle Conservation Area

Leader: Nick Kremp, Meet at Doyle Conservation Area. Walk is from 4 pm - 5:30 pm. Think trees all look the same when they drop their leaves? Come learn how different they can be as we learn to identify some common New England trees in winter.

Saturday, March 9th

Guided Hike at Boutelle Conservation Area (aka Hill Street)

Leader: Neal Wynne, Meet at Boutelle trail Head parking lot at 10:00 am.

2-miles, moderate hike. Wear hiking boots, bring water to drink, a snack, and wear long-sleeved shirt and pants. Dress in layers. Hiking sticks are helpful to bring if you have them.

Thursday, March 28th

Vernal Pool Walk at Johnny Appleseed State Park

Leader: Nick Kremp, Meet at Johnny Appleseed State Park. Walk is from 4 pm - 5:30 pm. Listen to a chorus of spring peepers as we walk around a vernal pool and learn about why these temporary wetlands are so important for native amphibians.

Friday, April 26th

Barrett Park - Connect with Nature

Leaders: Deb Giovannucci and Anne Seed, Meet at Barrett Park at 1:00 pm. Come explore your connection with nature. Utilize all your senses while walking an accessible trail around Colburn Pond at Barrett Park (0.55 miles). Invitation to all abilities including those with mobility devices.